# SEE INSIDE INSPIRING REAL HOMES

**DECORATING - SHOPPING - FOOD - MAKING - STYLING** 

**MAY 2024** 





Design the perfect colour palette for your home



Revive your decor with a wave of cool blue hues



Shop designer updates at high street prices

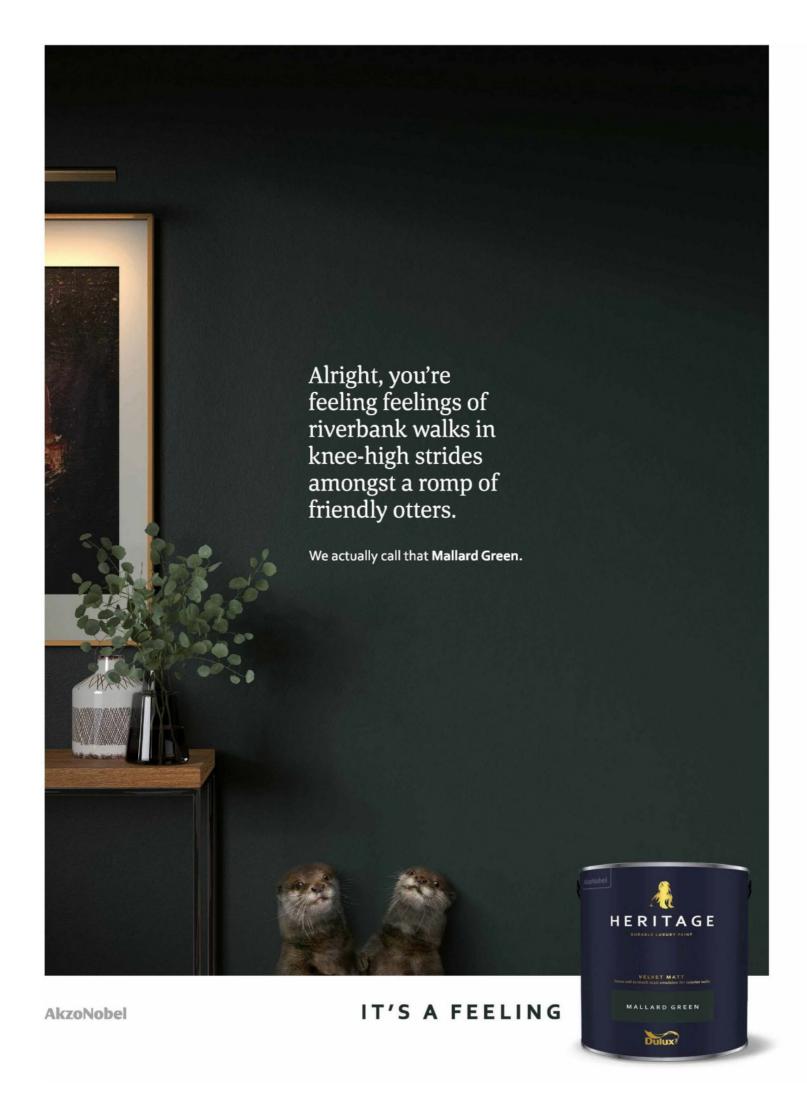
# REFRESH FOR LESS

# New season switch

DISCOVER THE HOTTEST INTERIORS TRENDS FROM PERIOD SCHEMES TO MODERN MAKEOVERS

PLUS MAKES DISCO BALL MUSHROOMS, WALL FLOWERS & MORE







# Contents



# MAY

# decorating & styling

### 12 The wishlist

Discover exciting new collabs, designer dupes and budget-friendly spring scents

# 14 Colour crush... dreamy lilac

90s nostalgia is here, and so is this relaxing, chilled-out hue

### 55 \*Decorator's moodboards

Revive your decor with cool blue hues in patterns and prints inspired by modern Mediterranean and coastal living

## 62 \*10 easy DIYs for instant personality

Transform your home and garden with these projects made for a long weekend – plus, they all cost under £100!

# 68 \*7 secrets to the perfect colour palette

Want to get creative with colour but not sure which shades will suit your space? We asked paint experts to reveal their hacks

## 74 \* Make it reign with royalcore

*Bridgerton* is back! Celebrate the release of season three with this modern interpretation of the Regency aesthethic, and get the ton talking

### 80 Drab to fab kitchen schemes

Two interior designers share their plans to add organisation, style and personality to a dark and cluttered kitchen

# 86 Make a splash with colour

Say goodbye to all-white bathrooms and give yours a bright new look – without even taking a tile off

# reader homes

# 20 \*1 get so much joy from my colourful home' For an up-to-date take on Sixties style, Katherine has mixed modern and vintage pieces

32 \*Each room is different as I mix and match' Louise's home has been designed for a calming vibe, including the open-plan downstairs space

# 44 \*'It's amazing what you can do with paint' While saving for a larger report or a refined her

While saving for a larger reno, Lorna refined her interior style by experimenting with paint

40 \*/Adding an en-suite gave my loft a hotel vibe

## 90 \*Adding an en-suite gave my loft a hotel vibe' A loft conversion with an en-suite allowed Laura to create the luxurious space she'd dreamed of

# shopping

# 6 \* Fave finds... signature stripes

Stripes are *the* pattern of SS24 – here are our top picks to showcase this statement print

### Shop the high street

Check out our selection of the best new releases the high street and web have to offer right now

# 16 Style insider... hot lines

Whether you call it called ridged, ribbed or reeded detailing, add texture with this finish

## 30 Retro blooms

Add Sixties and Seventies style with these bold floral motifs

# 40 Black and gold

Elevate a Japandi scheme with black, gold and marble accents

### 52 Back to nature

Choose raffia, wicker and cane for a laid-back look

32





84 5 of the best... air purifiers

Keep allergens and dust at bay with these gadgets

96 Peach fizz

Create a tropical colour palette of coral pink and fresh mint to recreate holiday vibes

# making

31 \* Disco ball mushrooms

Add some sparkle with these funky fungi

\* Paper wall flowers

Craft a cluster of flowers for a pretty wall display

\* Floral table centrepiece

Use faux foliage to enhance your table

# cooking

# 104 \* Midweek meals

Banish boring dinners with these quick and tasty dishes you'll want to add to your meal plan

106 Crowd-pleasing platters

These sharing plates and tapas recipes are perfect for hosting over the bank hols

# regulars

42 Subscribe to HomeStyle today and receive... an Ecoffee Cup, plus save 15% on the shop price!

98 Ask the experts...

This issue, we focus on how to deal with nuisance neighbours, from leaking ceilings to noisy dogs

# 100 Savvy home solutions

Household hacks and hints, product reviews and easy eco swaps

113 We chat to...

Interior designer and TV presenter Sophie Robinson shares her top tips for decorating with colour

115 Coming next month

Take a peek at our gorgeous June issue!

\* ON OUR COVER





Win a brand new bathroom from Frontline (p85)



FAVE **FINDS** 

# Signature stripes

Stripes are *the* pattern of SS24 and these bold pieces will add statement style to any scheme



1 Striking stripe ceramic **bowl**, £48, Joe Browns 2 Stripe printed **lampshade** in Blue and Green, £99, houseof 3 Orange striped porcelain **tray**, £18, Joanna Wood 4 Stoneware creamer **jug** in Green stripe, £7.50, Daisy Park 5 Rainbow stripe smiley face beaded **wall art**, £70, Oliver Bonas 6 Multicolour stripe **tumbler glass**, £2.50, Primark 7 Sorbet reverse text **cushion**, £14, Matalan 8 Trevone ceramic **table lamp** in Blue, £125, John Lewis & Partners 9 Signature Luscious Lips two seater **sofa** in Studio Stripe Velvet Sand and Black, £650, Rockett St George x Next



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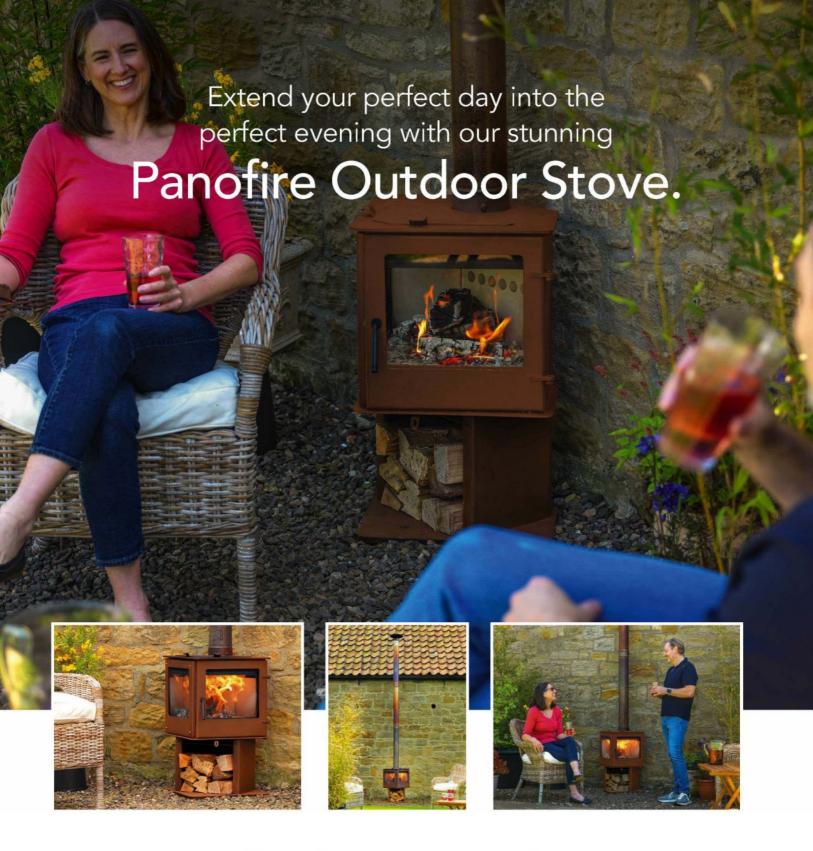






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# Shop the high street

← Embroidered flower art, £6 for 2

Check out our selection of the best bargain buys the high street and web have to offer right now

# PRIMARK Ditsy prints

range features pretty pastel shades and an array of wildflower designs



≥ Blue throw, £12







Printed cushions

£10 for 2

could be through fabrics, or with prints on your walls.

# GET THE LOOK

Create your very own spa-throom by introducing natural textures into the space. A few potted plants and a variety of wooden finishes can help with the transformation.

Enhance your bathroom experience even further by adding calming scents with an array of candles and diffusers. If you need to unwind after a long day, look out for relaxing notes of chamomile, jasmine and eucalyptus.

Keep plenty of cosy towels to hand in your bathroom. Soft shades of blush pink and sage green are popular right now and will look great displayed neatly on a shelf or hung on a towel radiator.

£3; product organiser, £2.50; soap dish, £1.50; towels, from 80p each, all Poundland



My favourite piece has to be the statement 'face' vase: designer inspired, but at a bargain price

Holly Mobley, director of general merchandise, Poundland

∠ Faux plant, £4

HOMESTYLE

Style idea

Keep colours neutral in your bathroom space for a calm, clean aesthetic



→ Face vase, £2.50

→ Camomile wood wick soy candle, £4 ROSE & JASMINE

Rose and iasmine wood

CAMOMILE

candle, £4

# POUNDLAND

Figurative forms

For spa-like style, this collection from Pepco at Poundland is all about creating a bathroom that's good for mind, body and soul – as well as your budget







# NEXT Spring fl

# Spring fling

Next has teamed up with renowned designer Nina Campbell for this elegant collection of dinnerware, featuring natural tones, textures and motifs. It's sure to elevate indoor and outdoor tablescapes

→ Rosmead table lamp, £165



> → Napkin rings, £15 for 4



# GET THE LOOK

Bring the outdoors inside by layering botanical prints on your dining table. A seasonal tablecloth will add instant impact, and can be paired with crockery in the same shades to bring the look together.

A little fresh greenery goes a long way to enhance the look and feel of your dining space. A quick and cost-effective way to do this is to cut a few fresh stems from your garden and place in small posy jars along the table.

Setting the table with napkins and napkin rings will really help to refine the overall space – a must if you're hosting family and friends. → Get Harry's style

We are just a little bit obsessed with the latest interiors collab between Rockett St George and Next, in particular the Harry's House collection – a kaleidoscope of bright colours, bold pattern, and sassy shapes designed to inject a pop of Harry Styles' exuberant personality into our homes. As well as standout pieces like the Banana side table and Luscious Lips pink velvet sofa, the collection features coloured glassware, maximalist monochrome patterns on cushions, upholstery and bedding, and showy accessories including a statement chandelier in Pantone's hottest shade, Knockout Pink. Flamboyant, fearless and fun, these pieces are sure to boost your mood and your (Harry) style status!





# Vishlist

all Rockett St George v Next

Welcome to our edit of the latest collections, collaborations and releases. Here's what we're excited about this month...



Rockett St George x Next

# ↑ Sweet seasonal scents

Fill your home with the scents of the season without breaking the bank, thanks to a new home fragrance collection from The Range. These stylish reed diffusers, jar candles and multi-wick candles come in elegant shades of spring yellow, cool green and neutral; the jars themselves can easily be repurposed after use, and with prices starting at just £3.99 for a candle, you can ensure your home is filled with a beautiful aroma day after day. Choose from a selection of uplifting scents including orange blossom and jasmine, and lemon bergamot and basil. therange.co.uk

# The Happy Blossoms

Whether you gift to a loved one or keep them for yourself, these vibrant, eye-catching dried flower bouquets are just perfect for styling any room of the house with delicate shapes and beautiful colours. Created by a mother-daughter duo based in Dorset, this collection of bouquets will cheer up any corner of the house for the season and beyond, and they're sure to last as long as you need them. thehappyblossoms.com



# **BRIGHT GEOMETRIC RUGS**

# save splurge



# **Blooming marvellous**

If you'd love to have displays of beautiful blooms in your home, but aren't quite sure where to start, then take a look at garden designer and RHS medallist Sean A Pritchard's debut book. Season by season, the author shows you how to grow, harvest and arrange your own flowers – no matter the size of your plot - with ease, alongside stunning photography. Outside In by Sean A Pritchard, (£30, Mitchell Beazley) is available now.

# **Iconic** collab

New this season is a fabulous partnership between Habitat and iconic brand, Scion. Hitting the shelves is an eclectic collection of homeware, lighting and accessories, boasting perfect prints and colourways for a seasonal switch-up. From bedlinen to sweet-smelling home fragrances and tableware, we're loving this Scandi-inspired collection for bringing style and personality to our homes. The collection is available online and at selected Sainsbury's stores, with prices starting at £4 for a mug and £28 for bedlinen. habitat.co.uk and argos.co.uk

Designer dupe... Floor-standing mirrors

If you love the look of extravagant floor-standing mirrors, but not the price tag, then check out this latest designer dupe. The effortless chic of a gold, elegantly framed mirror leaning against the wall in a bedroom, living room or even the hallway exudes sophistication and confident styling in a variety of decor schemes. However, large, classical mirrors, such as the beautiful Primrose from Anthropologie, can come with a hefty price that's out of reach, so it's worth looking out for alternative statement pieces. Check out this lookalike arched design from Amazon that's a fraction of the cost - it's definitely going in our basket!

Habitat x Scion Family Lohko bedset

in Yellow from £24 Habitat





# Colour crush



1 Claypaint in Lily Lily Rose and Up Up Away, both £57.50 for 2.5L, both Earthborn 2 Matte glaze stoneware dinner set in Lilac, £25 for a 12-piece set, Habitat 3 Safi tumbler glass in Purple, £1.99, Wilko 4 Oasis hand tufted rug in Lilac, from £249, Cult Furniture 5 Double duvet cover set in Purple, £29.99, H&M Home 6 Large fabric rope storage basket in Lilac, £20, Dunelm 7 Lilac Daydream soap dispenser, £6, Matalan 8 Stoneware flowerpot in Lilac, £5.12, Søstrene Grene 9 Sentiments Dream unscented dinner candles, £5 for 4, John Lewis & Partners 10 Lilac Purple artificial flowers in a window box, £35, Next



# Luxury for the many







# STYLE INSIDER

Elevate the everyday with this trending texture

Whether it's called ridged, ribbed or reeded, this tactile finish will add much-needed texture to sleek and contemporary spaces, which might otherwise feel a little stark. The clean geometry of these thin, repeating lines is an elegant way to introduce pattern without making your room feel fussy. For a cohesive look, use this effect in more than one area in your space – for example, matching your glassware to the light fittings or cabinetry.







1 Alfie 800 **cabinet** with open storage in Reed Green, £776, Scudo Bathrooms 2 Aston ribbed glass teardrop **pendant**, £69, The Cotswold Company 3 Ribbed glass **highball**, £6, John Lewis & Partners 4 Ribbed glass tealight **holders**, 99p each, Home Bargains 5 Caleb 4 seat round dining table in Walnut, £549, Cult **6** Light Green glass **plant mister**, £5.99, Gisela Graham **7** Ribbed ceramic **table lamp**, £20, B&M 8 Ivyline Athens 10.5cm planter in Pink, £10.99, Happy Houseplants 9 Neena bedside table in Grey Wash, £159, Dunelm

6





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Be inspired by this month's gorgeous real homes, packed with stunning ideas to steal!





# Welcome to my home

# **A BIT ABOUT ME**

I'm Katherine Atkinson, 47. (@theoldforgeincolour on Instagram), and I'm assistant director for the county council. I live with my husband Tom, 47. an electrical engineer, and our children, James, 17, and Charlotte, who's 13.

### **WHERE I LIVE**

My home is a six-bedroom detached house in Maidstone, Kent, built onto the side of an old forge. We've lived here since October 2016.

# WHAT I WANTED TO CHANGE

I wanted to make the most of the original features while also showcasing the extended 1960s part of the house.

# **HOW I MADE IT MY OWN**

I love a vintage vibe but don't want my home to feel like an ode to retro living, so I've balanced the look with pieces of sleek, modern furniture.

## **MY FAVOURITE PART**

Our bedroom is my favourite transformation. It feels like the perfect mix of colour and neutrals, modern and vintage, and it's peppered with lots of items that belonged to my mum and my granny.





# My story

'I know some people would look around a house that hasn't been done up for years and be horrified, but I saw all the beautiful features and was immediately sold. I particularly loved the beams in the living room and the big 1960s windows, and we all loved the quirky design and layout. As the previous owners had lived here for 28 years, it was ready to have new life breathed into it.

We ripped up the carpets (sadly not revealing any beautiful floorboards!) and took out the old-fashioned fitted wardrobes dominating the bedrooms. I enjoy decorating, so started adding wallpaper and paint in my favourite colours - yellow, teal and pink – and I also filled the rooms with cushions that I make out of beautiful vintage fabrics.

The house has become more colourful as my confidence in my decorating choices has grown, but lockdown also played a part as we were spending so much longer in the house that I wanted to get more joy from it. We haven't done any major renovations in the bathroom or kitchen yet as I want to strip everything out and start again, which will be a big project. As a quick fix, I've given the kitchen a refresh with bright yellow handles and patterned vinyl, and I've updated our en-suite with new fixtures, fittings and colourful tiles. There's still a way to go, but I love the unique family home that we're creating.



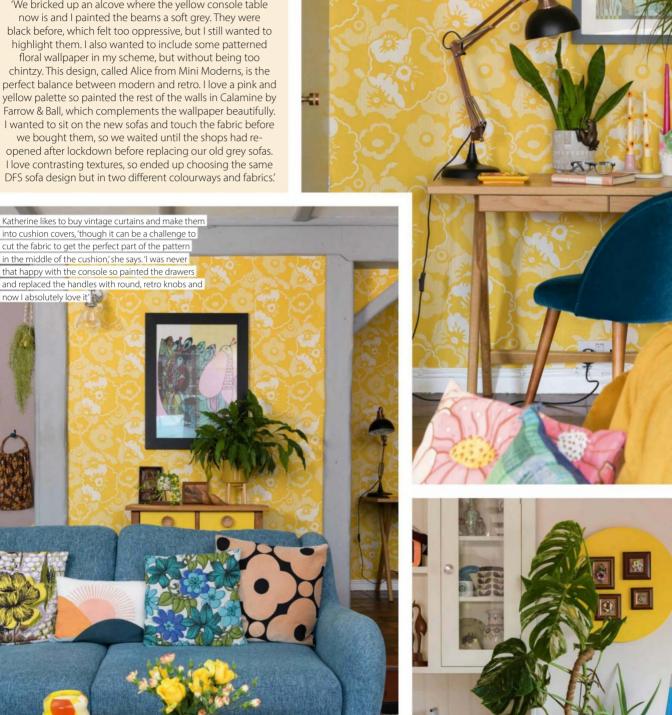
# nger so much Joy from my colourful home

With her clever blend of vintage and modern design, **Katherine Atkinson** has created a cheerful home full of colour and pattern for an up-to-date twist on Sixties style

# T love a pink and yellow palette with accents of teal, and that's the thread you see running throughout my home

# Living room

'We bricked up an alcove where the yellow console table now is and I painted the beams a soft grey. They were black before, which felt too oppressive, but I still wanted to highlight them. I also wanted to include some patterned floral wallpaper in my scheme, but without being too chintzy. This design, called Alice from Mini Moderns, is the perfect balance between modern and retro. I love a pink and yellow palette so painted the rest of the walls in Calamine by Farrow & Ball, which complements the wallpaper beautifully. I wanted to sit on the new sofas and touch the fabric before we bought them, so we waited until the shops had reopened after lockdown before replacing our old grey sofas. I love contrasting textures, so ended up choosing the same DFS sofa design but in two different colourways and fabrics.'



1 ordered a circular piece of pre-cut MDF and painted it yellow to display the small ceramic vintage flowers as they would've got lost on the wall otherwise

This was a tricky space to fill as it's near the understair cupboard and the kitchen door, but after a lot of research Katherine found a desk to act as the occasional work-from-home spot

now I absolutely love it'

∠ Natural Bloom daisy woven placemats,

£6 for 2, B&M



# Conservatory

'This was always going to be a formal dining room, rather than just a conservatory, because it's got French doors out to the garden so it's perfect for entertaining, especially in summer. We had to replace the whole roof as originally it was corrugated plastic and, as well as being incredibly noisy, it constantly leaked. I painted the brickwork in white and because it's quite a large expanse, I gradually created the fun 3D gallery wall, using plants, wooden masks and macramé art. I put colourful tiles on the ledge around the room as a low-maintenance surface to house my plants and then painted the arch through to the living room to link the two spaces and make a colourful statement.'

then to bring in new items'

'I love a gallery wall. It's a classic way to display

include a few things that aren't pictures to add

prints, but I also like to have fun with it and

variety. I change this wall up every now and







# EXPERT ADVICE

# How to add a copper leaf stripe

Add metallic sheen to your scheme with copper leaf, as Katherine has done on her office walls (page 27). You can use the same technique on furniture and accessories, too

- Start by marking out where you want your stripe to be on your wall using a spirit level, metal tape measure and pencil. Try a large stripe across the middle of the wall to make a bold impact, like Katherine, or play with different height levels to change the look – a thinner stripe further up the wall will help to make your ceiling feel higher, while a lower stripe will give you more space for artwork above.
- You'll need copper leaf, adhesive size, clear sealant or top coat, and a soft paintbrush, plus sandpaper, painter's tape, cotton gloves, a clean cloth, and a dust sheet. Lav out the dust sheet and sand down the area, then wipe with a damp cloth and dry off. Depending on the condition of the wall you're applying the leaf to, you can paint a layer of emulsion or primer as a base, then sand it down as above.
- Next, apply painter's tape all the way along the edges of your stripe, then apply the size in an even coat to your stripe using a paintbrush. Then, you need to wait for the size to become tacky. It should feel sticky, but shouldn't be wet or come away when you touch it. However, if the size is too dry then the copper leaf will not stick to it, so keep checking on it while you wait.
- Once the size is tacky, you're ready to add the copper leaf. Remove the copper leaf from the paper and press it against the surface in position. Then brush it gently in place, and continue carefully brushing to dust off any excess. Continue until you've filled your stripe with copper leaf, then seal it with a clear top coat or sealant for longevity, and carefully remove the tape.



be really solid, so I sourced some from John Lewis and they fit perfectly.'







# Office

'Pre-lockdown, this was my craft room, and I designed it without carpet so that I can see pins and thread if I drop them. I chose a large trestle table with space to cut fabric and, although we have loads of bookshelves around the house, I wanted one in here to have my own art and interiors books to hand, and it also displays my collection of turquoise pottery. I had the idea of adding a copper band around the room as a feature, so I masked off the design, painted it with glue and then painstakingly rubbed the copper squares onto the wall. I wanted to paint the ceiling a colour that would complement the copper and finally chose Barcelona by Graham & Brown. Then, during lockdown, this became my office, so I bought a decent office chair that was comfortable as well as colourful.'







↑'I originally had a really dark grey wall with curtains but it felt a bit fussy so I've recently changed them for the pink gingham blinds, from Blinds 2go, which make the room feel less cluttered, explains Katherine

Katherine is drawn to vintage florals, especially from the 1960s and 70s: 'I love the colours, the style and the nostalgia, and often find that I dress in them, too. I've incorporated vintage pieces and upcycles into my home, but also quite a few family keepsakes that mean a lot to me. They bring back lots of lovely memories'

# → En-suite

'I wanted the en-suite to feel as lovely as our bedroom, so I had a plan to add my trademark colour scheme of pink, teal and yellow to inject the personality it lacked. We ripped out the bland suite, but the plumber kept finding DIY plumbing problems the previous owners had left, so the makeover took longer than anticipated. But I'd already spotted the patterned floor tiles which became the starting point for the scheme, and I wanted to contrast them with a pink metro tile. I sourced these matt ones from Topps Tiles, which I think look more contemporary than gloss ones. We replaced the dated quadrant shower with an easier-to-use square one and installed a curved, floating vanity unit to make the room feel bigger. The finishing touch was painting the ceiling yellow, which feels like the sun is shining on me when I'm having a shower.'



# **↓ Charlotte's bedroom**

'We cleared the room of all the up-and-over fitted furniture, which completely overwhelmed the small space, and originally gave it a soft dove grey and baby pink paint job. But recently Charlotte asked for a room that felt more grown up so she gave me a brief. She wanted more natural, earthy colours with a boho vibe, and I felt the room needed some interest, so we decided on a colour-blocked wall. We chose Natural Hessian by Dulux for the top to make the room feel bigger, and Sulking Room Pink by Farrow & Ball for the bottom half, which adds warmth and colour. I'd already invested in classic furniture like the cast iron bed, so it was then just a case of updating the accessories by adding framed film posters, a classic Berber rug and some fun pompoms around the top of the walls.'

'I wouldn't want the whole room painted in Sulking Room Pink as it can look quite brown in certain lights, but using the





• Fresh flowers are a household essential! I love how quickly and cheaply they cheer up a space and in winter they're a reminder of all the colour that will

• There's always a lot of debate about gallery walls: are they still 'in'? How should you arrange them? Random or uniform? But for me, the truth is that

return to our gardens in spring.

- rugs, cushions, blinds and throws all bring a room together, and even a cheap print can change the look and feel of a space.

# Retro blooms

Make your home blooming beautiful with these Sixties and Seventies-inspired floral motifs, and recreate **Katherine's** look



MissPrint dandelion tea pot, £40, Pure Table Top 2 Kransmalva duvet cover and 2 pillowcases, £25, IKEA 3 Day Dreamer wallpaper in Mustard and Candy Floss on Gluten Free, £50 per roll, Lust Home 4 Pastel Power standard vinyl, £24 for 1m, Faye Jennifer Vinyl Design 5 Retro floral runner bath mat, £30, Urban Outfitters 6 Orla Kiely Rose small sofa in Retro Tile Candy, £1,319, Barker & Stonehouse 7 Retro floral print in Mint and Coral, from £8, Violet and Alfie 8 heya home flower velvet reversible cushion in Yellow, £17, furn.
 Orla Kiely Juniper Stem ceramic table lamp in Light Pink, £75, John Lewis & Partners 10 Heart and Soul floral throw, £30, Dunelm 11 Napkins set, £5.99 for 4, TK Maxx

# MAKE THE LOOK

# Disco ball mushrooms

Add sparkle to a sideboard display, like Katherine, with these funky fungi





# YOU WILL NEED

craft knife Styrofoam cone holographic silver glitter selfadhesive vinyl pencil round dinner plate Styrofoam hemisphere (or sphere cut in half) 5x5mm selfadhesive square mirror tiles scissors cocktail stickssuper glue

### **INSTRUCTIONS**

- 1 Use a craft knife to slice the top few centimetres off the Styrofoam cone to create a flat surface.
- 2 Place a sheet of self-adhesive vinyl backing side-up on your work surface. Use a pencil to trace around a dinner plate to create a circle. This will be used to cover the base of the hemisphere and wrap up, so it needs to be bigger in circumference than the Styrofoam hemisphere.
- 3 Cut out the circle from the selfadhesive vinyl using a pair of sharp scissors or a craft knife. Next, cut slits into the edges of the circle to make it easier to manipulate.
- 4 Carefully peel away the backing paper from the vinyl and cover the hemisphere. Mark and cut out a smaller circle for the top of the hemisphere, then repeat step 3. Cover the cone in the vinyl – this will form the stem of the mushroom.
- 5 Use scissors to cut the square mirror tiles into strips to make them more manageable to work with. Working with one strip at a time, cover the entire hemisphere with the mirror tiles. Start at the bottom and press them firmly into position as you work. Repeat this process to cover the cone.
- 6 To assemble, insert three or four cocktail sticks into the top part of the cone, leaving at least 2cm sticking out. Apply some super glue, then press the flat side of the hemisphere on top to create a mushroom.



# EACH ROOM FEELS DIFFERENT AS I LIKE TO

# mix and match

With a blend of Art Deco luxe, cool Japandi and breezy Mediterranean, each part of **Louise Landry's** home has been designed with a calming vibe in mind





'When our daughter Ofelia came along, we soon outgrew our three-bed semi in Huyton, Liverpool. I'd bought the new-build property as a single mum in my early 20s with an inheritance from my sister who passed away, but my lifelong dream was to own a period property. Formby, on the outskirts of Liverpool, ticked so many boxes as it's by the beach and woods, but not too far from the city.

This house had sat empty for seven years after the owner passed away, but it had a wonderful feel and I just fell in love with it. When they finally traced a distant relative who inherited it, we were able to

make an offer. Over 14 months, the whole house was taken back to brick while we stayed in our previous home. Daniel's family have a building firm, (@cbconstruction0495 on Instagram), so they built a two-storey extension to create an open-plan kitchendiner and family room with an extra bedroom above.

Although we came up with the design and layout, we had lots of help from the Instagram community. My sister, Marcelle, was another sounding board – we're always sharing ideas. I wanted each room to have a calm and relaxing feel. There's definitely a Scandi and Japandi influence in the open-plan areas, while the living room is more Art Deco-inspired and our bedroom has a Mediterranean vibe. I love how these different styles give us the best of all worlds.'



### A BIT ABOUT ME

I'm Louise Landry, 36, and I live with my partner Daniel, 35, a painter and decorator, our daughters Bella Crosbie, 10, and Ofelia Berry, three, and our British shorthair cat, Yoqi. I work part-time at Penhaligon's perfume shop and have a home styling business.

# WHERE I LIVE

A three-bedroom Edwardian semidetached house in Formby, Merseyside, which we bought in June 2021. You can see more of my home on Instagram @altcar\_edwardian\_renovation.

### WHAT I WANTED TO CHANGE

It hadn't been updated for decades, there was no bathroom upstairs and the kitchen was tinv.

# **HOW I MADE IT MY OWN**

I wanted every room to have a different feel but there's a brass thread that runs throughout the house and a real mix of old and new.

# MY FAVOURITE PART

The front living room, which we call the snug. I just love the high ceilings and the shutters. It's so cosy in the evenings with a glass of wine and the fire on. We live mainly in the open-plan room so it's the one space where the kids don't go and there are no messy toys.



eature Karen Wilson Photos Katie Lee

'I knew I wanted a kitchen with a floating shelf where I could display accessories. Quartz worktops and gold handles were also on my wishlist. For the kitchen cupboards, I've gone for a very light grey as a neutral colour will go with anything, but I did want the island to stand out a bit more so chose a slightly darker charcoal colour to contrast. It was between Howdens and DIY Kitchens in the end. They were both a similar price, but we chose Howdens as they come out to measure up and there's a depot nearby if there are any problems.'

# I really wanted the open-plan space in the new extension to have a contemporary Scandi feel

√I wanted the extractor fan hidden, so we had it boxed in and painted the same colour as the shelf so it all blends in. The wall lights from Pagazzi create a sense of symmetry, says Louise. 'My kitchen's quite small with a minimal feel, but there's lots more cupboard space in the







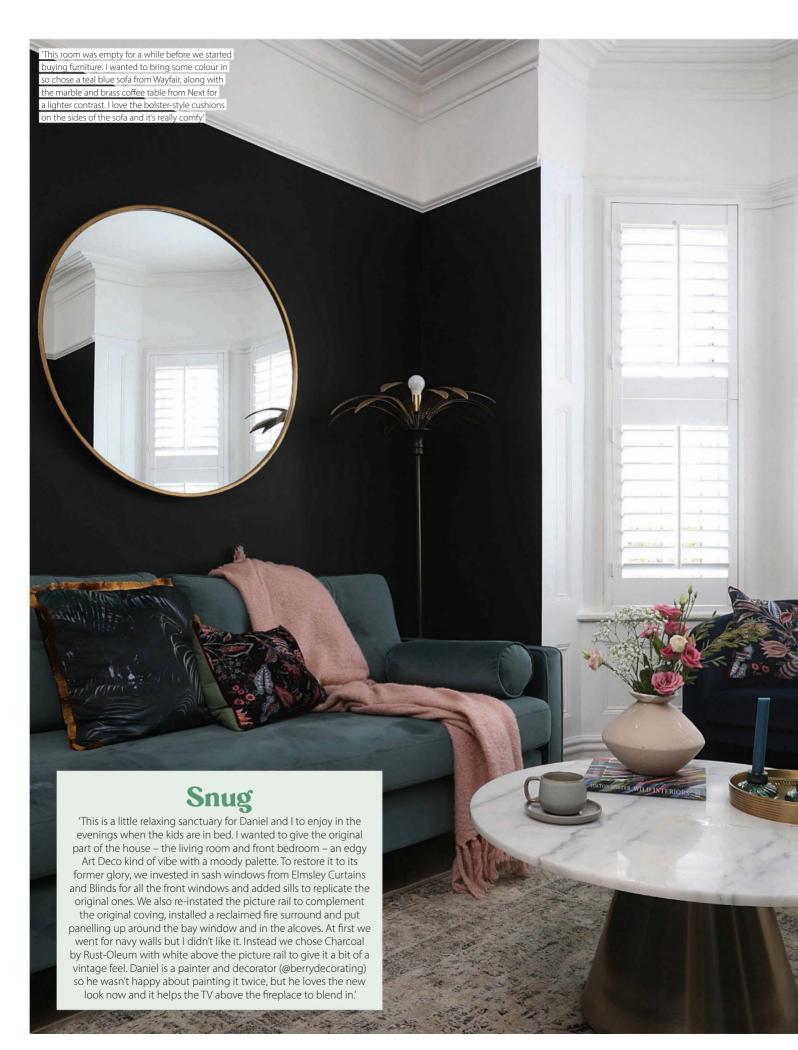
# Dining area

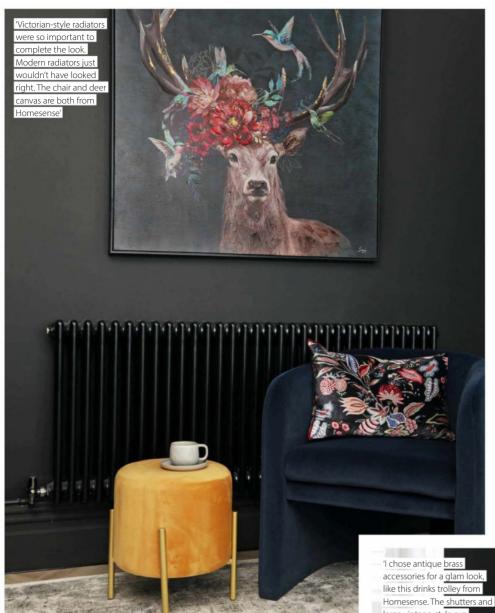
'It took me months and months to find the right dining table for this space. We even brought the garden table inside for a while. Eventually I came across this one at Tikamoon. It really stood out and I liked the curved shape. If we've got more people around for dinner, we can pull the little bench up and put the other two chairs at the ends. We're lucky to have a south facing garden off this space, although it was pretty wild and neglected when we bought the house, and then the renovation turned it into a building site full of rubble. Since then we've laid a grass lawn and porcelain patio which has transformed the way we live – and next year I want to add a raised deck. We still get daily visits from the two peacocks who were living in the garden when we bought the house!'

regret the light colour now with two young children,' says Louise. 'I wish I'd gone for something darker as it's usually covered in throws to protect it from stains. The ceiling light from John Lewis works well with the black and white photos of family holidays.'

# Living area

'I really wanted the open-plan space in the new extension to have a more contemporary Scandi feel. We've kept the walls an off-white called Steamed Milk by Rust-Oleum but painted the door to the hall black to link with the kitchen island and bi-fold doors. It's a lovely warm space in summer, but the underfloor heating is great in winter. The one regret I have is dropping the ceiling height in this part to make it the same as the new kitchen. I think it would've looked better higher, but we had to make a quick decision and it was easier to do.'

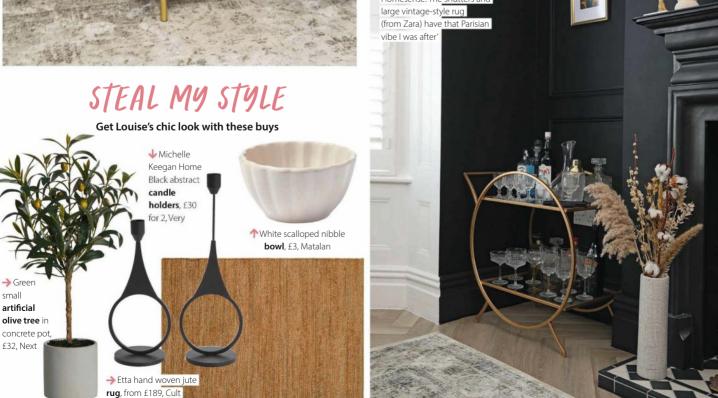




#### EXPERT ADVICE

### How to get a neat paint line

- If you want a two-tone wall for instance a dark shade on the bottom two thirds and a light colour on the top third – you can achieve a crisp straight line even without a picture rail.
- Paint two or three coats of the lighter colour first across the whole wall. Once dry, use a measuring tape and pencil to mark dots along the wall the same distance from the ceiling. A ruler with an in-built spirit level will help you join up the dots and draw the line across the wall.
- Apply masking tape flush above your pencil line, rubbing out any air bubbles carefully. To prevent the second paint colour bleeding through, a top tip is to paint over the masking tape in the original lighter colour first. This creates a seal, so any paint that does bleed through effectively matches the existing paint. Then let it dry before putting your darker paint colour over the bottom half up to the masking tape. Remove the tape when your final coat is still wet for a perfect crisp line.
- For cutting in, pick a two- or three-inch brush. Synthetic bristles are better with water-based matt emulsion paints as they won't absorb too much water and swell up, which sometimes results in tramlines. A natural brush is better for woodwork when you're using oil-based paints and is less likely to leave bristle marks.





- 1 Louise loves mixing old and new styles, like the IKEA dressing table which is teamed with an ornate brass mirror from Zara Home and a Homesense rattan chair.
- ◆The couple chose a light carpet in a similar shade to the walls for an all-over colour drench feel, and have picked a simple brass bedside table from Zara Home and lampshade from Dunelm. 'We weren't intending to have no headboard, but we broke it when we were moving house, says Louise. 'I thought about getting another one, but then I started to like it without as it has that villa kind of feel.



#### Main bedroom

'I wanted this room to be minimalist with very little furniture and have given it a light and airy Mediterranean feel. It's south facing, so the limewash works really well when the sun shines on it. Lightweight voiles create that holiday vibe, but there's also a blackout blind for practicality. All our wardrobes are in the front bedroom, as we were originally going to have that larger room as our main bedroom. However, we moved in here when the extension was done and Ofelia moved into the front bedroom. I love that it's quieter at the back and we're a bit away from the children. It feels like having your own hotel suite as we're right by the bathroom.'



#### Ofelia's bedroom

'This was going to be our bedroom, then we thought it might be a guest bedroom and the two girls would share the middle bedroom. However, it wouldn't work when one's a teenager and the other one's a toddler. It's the biggest bedroom so it made sense to have built-in wardrobes in here, but we had to move the entrance door slightly to fit them across one wall. The original coving and ceiling rose were gone so those were re-instated. Then we found a reclaimed fireplace on Facebook Marketplace and put up feature panelling behind the bed to complete the period look. Ofelia has a double bed, which is handy if she wakes up in the night and needs soothing, but it also suits the space better as a smaller bed would look a bit lost.'







#### **Bathroom**

'I'm really glad we turned this tiny box room into a bathroom and raised the sloping roof to make it feel bigger. With the window being so big, I wanted a freestanding bath right under it and there was enough room for a walk-in shower behind the door too. I'd always envisaged a Japandi look with a spa feel, so we used a Bauwerk limewash paint on the walls and ceiling. Looking back, I wish we'd gone for white tiles behind the sink and bath though, as the limewash isn't wipeable and you can see splash marks.'

#### What I learned

- During the reno, we lived half an hour away and weren't on site that much. If I ever do another project, I'd visit the site more often to make sure I pick up on small details.
- Matt black bathroom fittings are a nightmare to clean. My friend Jade, who has her own cleaning business (@cleaningwithjade), did warn me but I didn't listen as I really wanted that look.
- You can't rush things. I wanted everything done before we moved in and the kids started school, but it just wasn't possible. It'll look better if you take your time deciding on the finishes.

#### SHOP THE LOOK

# Black and gold

Add luxury to a Japandi or Scandi scheme with accents of gold and marble, as **Louise** has done



1 Black asymmetric wall mirror, £40, Habitat 2 Hennock ceiling light in Brass, £84, BHS 3 White marble ridge plate, £12.99, Homesense 4 Unwind reed diffuser, £5, B&M 5 Gold Valencia bar trolley, £160, Next 6 Michelle Keegan Home Cortes ceramic top coffee table, £299, Very 7 Pleated-shade table lamp in Gold-coloured/White, £84.99, H&M Home 8 Perfect Palm candle holder, £35, Joe Browns 9 Dwell Cade dining set table and 4 chairs in Cosma Black, £1,499, DFS 10 Natural marble soap dish, £2.50, B&M

#### MAKE THE LOOK

# Paper wall flowers

Craft a cluster of paper flowers in your favourite shades for a pretty 3D wall display, like Louise's





#### **YOU WILL NEED**

stiff scrap card lightweight (176gsm) coloured card pencilscissors or craft knife glue gun wooden spoon

#### INSTRUCTIONS

- Begin by making the templates for the flower petals from scrap card an old cereal box is ideal. Make your petal-shaped templates to the following measurements, with a curved edge at the top and the sides tapering down to a straight edge at the bottom: extra large petal 19x25.5cm; large petal 14x19.5cm; medium petal 10x13.5cm; small petal 7.5x10.5cm; extra small petal 6.5x9.5cm. You can scale these measurements down to make smaller flowers.
- 2 Lay your templates on the coloured card and trace lightly around them using a pencil. Draw out the following number of petals for each size: 6-8 extra large (first layer); 6-8 large (second layer); 6-7 medium (third layer); 6 small (fourth layer); 5-6 extra small (fifth layer), then cut them out.
- **3** To add depth to the petals, cut a 4cm vertical slit at the bottom centre of each one (slightly less on the smaller petals). Starting with the first layer, put glue on the inside edge and overlap the slit, but not too much or your petals will be too tight when assembled. Repeat with each petal, overlapping more on the smallest ones.
- 4 Gently curl the tops of the petals back by rolling them over the handle of a wooden spoon or similar.
- 5 Starting with your first layer of base petals, add some glue to the outer edge of one petal and proceed to overlap another petal at about a 45 degree angle and press firmly for a second or two. Continue until all the base petals meet together to form a circle in the centre of the flower. Keep an eye on the angle of placement as you go around, making sure you leave enough space for the petals to come together evenly to form a circle.
- 6 Cut a small circle of card and glue it to the back of the flower in the centre to cover the ends. Now keep adding layers of petals. Start the second layer alternating between the base petals. Continue alternating petals adding the third, fourth and fifth layers.
- **7** To create the centre pom pom for your flower, fold an A4 sheet of card in half lengthwise and cut down this fold. Lay the two pieces on top one another and fold in half lengthwise again. Cut slits every 5mm along the unfolded edge of the card, leaving 1.5cm uncut at the folded edge. Separate the two pieces but do not unfold.
- 8 Holding the folded edge, roll up the first piece of card, adding glue along the uncut edge as you go. Continue by adding on the next piece. Finish by gluing the pompom to the centre of your paper flower and, once dry and secure, carefully fluff it open with your fingers.

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# a splash of paint

**Lorna McMahon** didn't want to wait for a costly extension to spruce up her 1930s home, so she got the paintbrushes out and transformed the space with clever ideas



#### My story

'When we started house hunting, my husband and I were looking for a refurbished home, but fate had different plans! We stumbled upon this fixer-upper property online, and as soon as I saw it, I could picture our future here. It wasn't our plan to take on a huge renovation, especially as I had a newborn at the time, but life has a funny way of surprising us sometimes!

The untouched decor was a blast from the past. Every wall was covered with 1980s wallpaper and the wooden units in the kitchen had been painted with white emulsion, which looked scuffed and awful as it was the wrong type of paint. There were also

hedgehog-patterned tiles on the walls, so we called it the 'Tiggy-Winkle room', after the hedgehog in Beatrix Potter's story! There was an old extension at the back that needed attention, and the upstairs layout needed to be re-jigged. We also had a damp problem in the main bedroom.

We're still saving to do the kitchen extension and a bathroom reno, but in the meantime I've been able to test out decorating ideas and colour schemes in the other rooms. Along the way, we've uncovered hidden fireplaces behind bricked-up walls, added bespoke radiators and made our own plaster coving.

Our home is a testament to all our hard work. This house is our dream home and I love that each room now reflects our personality.'



#### A BIT ABOUT ME

I'm Lorna McMahon, 33, a bank manager, and I share my interiors on Instagram @atthemacs. I live here with my husband Rob, 36, a plasterer, and our three year old son, Henry.

#### WHERE I LIVE

We've lived in our five bed, 1930s detached house in Shoeburyness in Essex since October 2021.

#### WHAT I WANTED TO CHANGE

When we moved into this house, our plan was to renovate it from top to bottom, eventually replacing the bathroom and building a new kitchen extension. We couldn't afford to do the building work straight away, so in the short term I decided to makeover the most-used rooms to turn them into a family-friendly space that we could enjoy.

#### **HOW I MADE IT MY OWN**

We tackled most of the projects ourselves, and our weekends were spent installing new coving, plastering walls, and ripping up the old carpets. Rob tackled the damp issue in the main bedroom shortly after moving in, while I gave the rooms a glow up using paint, wallpaper and accessories. It's taken time for this house to feel like home to us, but now it reflects our style and tastes.

#### **MY FAVOURITE PART**

The living room because it's decorated in calming shades. It's the perfect place to relax in





This home is a testament to our hard work. This house is our dream home and I love that each room now reflects our personality

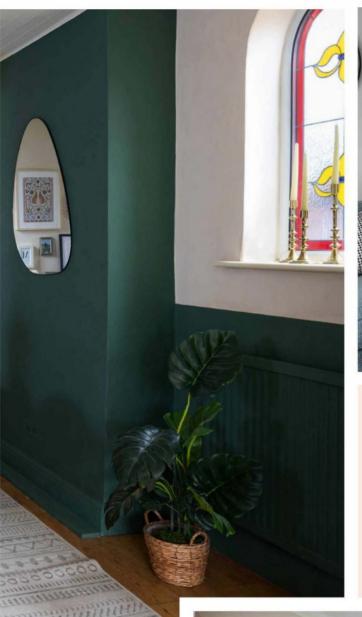


#### STEAL MY STYLE

Get Lorna's colourful yet calm look with these buys









#### Living room-diner

'We plan to knock down an internal wall in the dining room as part of our bigger kitchen renovation plans, but decided to give the room a mini freshen-up in the short term. My husband argued against stripping the walls in case huge chunks of the plaster came off with the wallpaper. And, despite my curiosity about what lay beneath the cladded ceiling, we decided to leave it untouched as we feared the unknown! Instead, I painted over the original wallpaper in calming cream and green as a temporary makeover. To create distinct areas within the open-plan room, I painted the walls green up to dado rail height. Fortunately, the engineered oak flooring was in great shape. I scoured online shops for accessories to finish it, like the generous rug from La Redoute, and found affordable frames from George Home for the gallery wall. All in all, it took me a long weekend to give the space the spruce up it needed.'







#### Kitchen

'Eventually, we plan to rip out this Nineties kitchen when we build the new extension. In the short term, I gave it a new look using paint and decided to experiment with colour and pattern. Shortly after we moved in, I painted it blue, but I wasn't a fan. So, for my birthday I took a week off work to give the kitchen another makeover. I started by painting the wooden cabinets and updating the hardware with gold handles found on Amazon, then I covered over the hedgehog-patterned tiles with tile paint as a base for a patterned design. I played around with masking tape to create shapes on the tiled splashback and walls, then I used yellow paint for the design. I found the black and white wallpaper after I'd painted the tiles and it matched perfectly. I kept the same flooring but used a grout pen to freshen up the lines, and I painted the white uPVC doors and windows black. I then styled the space with natural textures. I'm so pleased I got to try out the different colours and patterns in here before we invest in a brand-new kitchen. It's helped me avoid making expensive mistakes."









To save worktop space, Lorna hung metal rails which she picked up from Dunelm for £7 each and the display hides an unsightly plug socket, too!



#### EXPERT ADVICE

#### Paint wall tiles like a pro

Follow these top tips for painting over old-fashioned wall tiles to freshen up your space on a budget

- Before painting, thoroughly scrub your tiles to remove any dirt, grease and grime. Rinse with clean water and allow them to dry completely. Next, lightly sand the tiles to create a rough surface that will help the paint to adhere.
- Not all paints are suitable for tile surfaces. Look for specialist paints designed for tiles. These paints are durable, moisture-resistant, and will adhere well to the smooth surface of the tiles
- Applying a good-quality primer is essential when painting tiles. Primer helps your tile paint adhere better and ensures a smooth and long-lasting finish. Apply the primer evenly with a brush or small roller and allow it to dry completely as per the manufacturer's instructions.
- When painting the tiles, use a high-quality brush or roller for an even coverage. Apply the paint in thin, even coats, working in small sections at a time. Avoid applying too much paint at once to prevent drips and runs. Allow each coat to dry completely before applying the next one.
- Once the paint has dried thoroughly, finish the job by applying a clear sealant topcoat. This will protect the paint from moisture, stains, and everyday wear and tear.

#### **←** Hallway

'I wanted to connect the upstairs rooms with the ground floor so that the whole house flows together, so chose a soft teal for the walls to reflect the blues and greens I've used elsewhere. To keep the space feeling light and bright, I only painted the colour up to the dado rail. Again, this decorating job is a temporary fix until we do the extension, which meant I painted over the existing wallpaper. I also installed a radiator cover, painted in the same hue, so I could style it up with a mirror and accessories to give the entranceway a bit of personality.'



#### Main bedroom

'This bedroom was one of the first rooms we tackled. We cleared out everything – the carpets, layers of wallpaper and ugly built-in furniture. There were radiators in odd places, like in the alcoves, so we had them removed too. A friend helped us install a custom-made radiator into the curved bay window. It was a team effort! Rob sorted out the damp proof course and replastered the walls, then I painted everything. Since we live near the sea, I wanted a coastal vibe, and went for a fresh and inviting atmosphere. I found arranging the furniture in here a challenge, as I had to work around the curved bay and a chimney breast. Using masking tape, we mapped out the furniture onto the floor to find the best layout. Rob fitted wooden slatted panelling to create a stylish backdrop for the bed, and I found a lovely cast iron fireplace on Facebook Marketplace that fits perfectly. It looks like it's always been in this room.'

Bedside tables from La Redoute complement

free up more space

Lorna's coastal-inspired bedroom

scheme. She installed a wall light

above them (from Dunelm) to







'The house came with this blue bathroom with a layout that features a separate toilet and bathing area. Eventually, we'll reconfigure the back of the house, including the bathroom. This means we can move some walls and turn it into a more family-friendly space. Bathrooms (and kitchens) are a big purchase so I'll stick with what I love, being mindful of how my own style has changed over time. Rob and I married in Bali and I'd love a space that transported me back there, with natural stone, wood tones and lots of greenery. Creating lots of light will be important for me and also for the many plants I plan to have in here! We have a few treasures from Bali to display, too.'

### What I learned

- A word of advice: never renovate a room just before Christmas, it's chaos! After making that mistake myself, I've learned to set realistic timelines and not rush headlong into things.
- Just because you're waiting to do bigger building projects, it doesn't mean that you can't make your home your own with a lick of paint and a lot of imagination.
- My style has evolved hugely over time, and I'm inspired by fresh coastal colours as well as warm, earthy tones.

### Back tonafure

Introduce materials such as raffia, cane and wicker to your scheme for a boost of texture, like **Lorna** has in her home



1 Salto raffia **ceiling shade**, £35, Habitat 2 Flower rattan **placemat**, £3.50, Primark 3 White and Natural basket **planter**, £12, B&M 4 Ines Yellow raffia and ceramic desk and **table lamp**, £85, Oliver Bonas 5 Bamboo effect **planter**, £20, Matalan 6 Rattan round **basket** natural large, £14, Dunelm 7 Large rattan-framed **mirror**, £39.99, H&M Home 8 Faux bamboo in rattan basket, £42.99, Gisela Graham 9 Tolkning **room divider**, £99, IKEA 10 Wooden **cabinet**, £246, Søstrene Grene

# Floral table centrepiece

Be inspired by Lorna to create a statement floral tablescape – use faux foliage for everlasting style





#### YOU WILL NEED

● length of green rope ● floral shears or secateurs • selection of fresh or faux foliage ogreen floral tape oselection of fresh or faux flowers • florist's wire decorative picks (optional)

#### **INSTRUCTIONS**

- 1 Measure a piece of rope to the length of your table. For a luxurious look, add 60cm so the rope drapes 30cm off each end of the table
- 2 You can use either fresh or faux foliage and flowers to create your runner, or a mixture of the two. Cut down the stems on the foliage to various lengths and arrange different types of seasonal greenery together to achieve your desired texture and weight. To add bulk to delicate foliage, group a few stems in small bunches, binding with floral tape.
- 3 Find the centre of your rope and begin to attach the greenery with floral tape so that it flows outward from the centre of the table. Continue to layer the foliage along the rope until the rope is no longer visible or until the desired fullness is achieved. Depending on your preferred style and budget, this table runner can be made as detailed or as simple as you like.
- 4 Next, cut your flower stems, leaving about 10cm attached to the flower, and place flowers throughout the foliage, attaching them to the rope where necessary using floral tape or florist's wire. As you did with the foliage, group stems of delicate flowers, such as gypsophila, in small bunches, binding with floral tape to make them easier to work with.
- 5 Once you're happy with the arrangement of the flowers and foliage, you can add sprigs of smaller flowers or other colourful accessories, such as butterfly picks or mini paper honeycomb picks to suit your scheme or occasion.

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#### Rebuilding lives after stroke



# Decorator's aboards

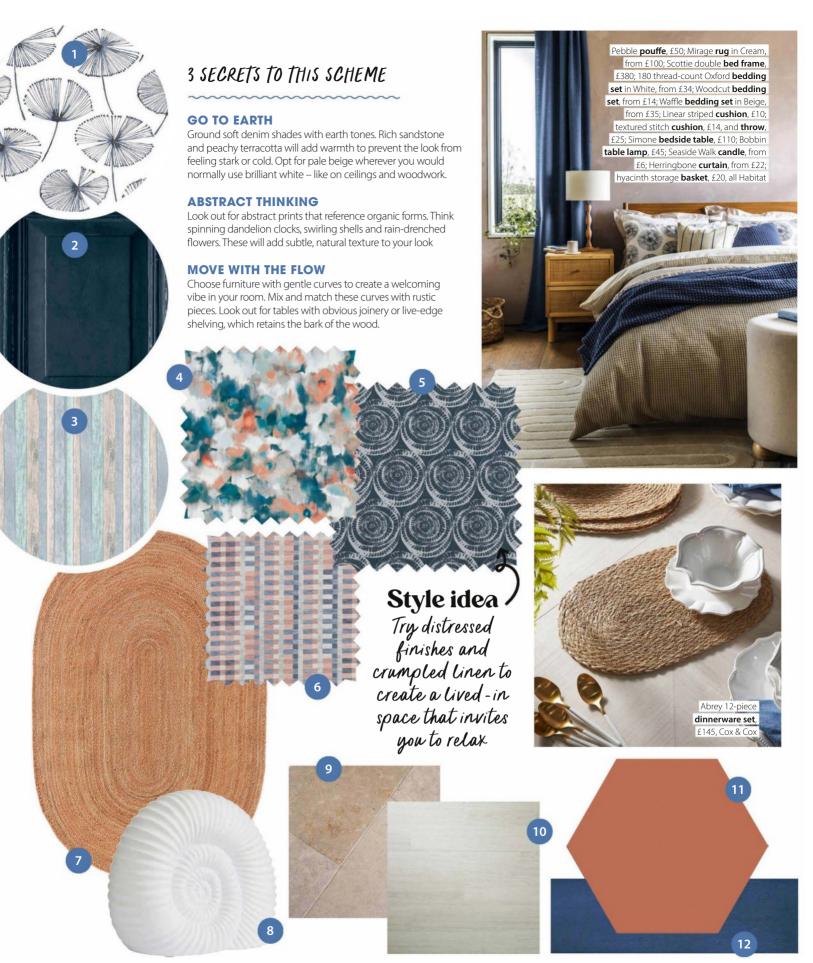
Planning a makeover? A moodboard is a designer's must-have to organise your ideas. Each month, we put together a trio of boards to inspire your next project







1 Odisha wallpaper in Indigo, £70 per roll, The Pure Edit 2 Diamond 01 wallpaper, £80 per roll, Lick 3 Coralli wallpaper in Red and Indigo, £69 per roll, Jane Clayton 4 The Ribbed pendant ceiling light, £249, houseof 5 Lohko fabric in Indigo and Jasmine, £39 per m, Scion 6 Ariyana fabric in Denim, £52 per m, Clarke & Clarke 7 Sail stripe fabric in Marine, £17 per m, Terrys 8 Rustic Masonry brick-effect tiles in Dove White, £34.95 per sq m, Walls and Floors 9 Herringbone laminate flooring in Oak Black, £35.31 per pack, Remland Carpets 10 Stonehouse Studio Mylo tile in Ink, £44.50 per sq m, Victorian Plumbing 11 Medina Blue triangles patterned tile, £53.55 per sq m, Porcelain Superstore 12 Abstract shapes tile decals in Blue Tones, from £17 for 12, Sirface 13 Anatolia Sky Blue runner rug, from £290, Weaver Green 14 Statement walls matt paint in Nearly Black, £9.99 for 1.25L, Wilko 15 Valspar Classic interior matt emulsion paint in Planet Fever, £30 for 2.5L, B&Q 16 Flat matt paint in All Inclusive, £52 for 2.5L, COAT



1 Aya Black Blue self-adhesive wallpaper, £26 per roll, Dunelm 2 Grandeco distressed wood panel wallpaper in Navy Blue, £16 per roll, I Want Wallpaper 3 Albany Beach Hut wallpaper, £14.99 per roll, Wallpaper Direct 4 Marissa fabric in Teal and Spice, £22 per m, Clarke & Clarke 5 Fossil fabric in Denim, £33.60 per m, Graham Sanderson Interiors 6 Fion furnishing fabric in French Blue, £35 per m, John Lewis & Partners 7 Aftas oval jute rug, from £95, La Redoute 8 Ammonite lamp, £35, Dunelm 9 Dijon tumbled limestone tiles, £42 per sq m, Quorn Stone 10 GoodHome Poprock White Wood effect vinyl plank, £17.76 for a pack of 8, B&Q 11 Vista Terracotta hexagon wall and floor tile, £51.48 per sq m, Victorian Plumbing 12 Manacor wall tile in Ocean Blue, £39.95 per sq m, Tile Mountain 13 Velvet matt paint in Mid Umber, £49.37 for 2.5L, Dulux Heritage 14 Matt emulsion paint in Ashley Blue, £20 for 2.5L, Dunelm 15 Flat matt paint in Kimchee Fan, £52 for 2.5L, COAT







#### 3 SECRETS TO THIS SCHEME

#### **LET IN THE LIGHT**

Combine soothing shades of Eau-de-Nil and sky blue with zingy leaf green for a fresh effect. Use these colours sparingly across the room, with white or off-white as your main tone, to keep the look feeling bright and airy.

#### **PICK UP PETALS**

Use pretty, floral patterns for a traditional Arts and Crafts feel. Pair these flowing styles with something more structured, like a small trellis design or a repeated block print, for a balanced look. To avoid the scheme feeling too formal, use the structured patterns only as accents, for instance in cushions or lampshades.



1 Leiden wallpaper in Denim, £60 per roll, Clarke & Clarke 2 Grandeco Marian vintage Art Nouveau floral trail Navy wallpaper, £15 per roll, Wilko 3 Laura Ashley Kate wallpaper in Seaspray Blue, £48 per roll, Next 4 Ornella fabric in Denim, £18 per m, Jane Clayton 5 Aria fabric in Lake Blue, £35 per m, John Lewis & Partners 6 Kamila fabric in Indigo, £29 per m, The Pure Edit 7 Chantelle floral 3-light chandelier, £79, Dunelm 8 Alentejo abstract outdoor indoor washable rug, £40, George Home 9 Colosseum dryback LVT flooring in Limed Oak, £59.99 per sq m, Lifestyle Floors 10 Laura Ashley Wicker matt floor tile in Eau De Nil, £42.42 per sq m, B&Q 11 Farmhouse tile in Duck Egg, £36 per sq m, Wickes 12 Valencia Blue wall & floor tile, £44.50 per sq m, Victorian Plumbing 13 Ben interior matte paint in Deep in Thought, £20 for 0.94L, Benjamin Moore 14 Matt paint in Blue 04, £45 for 2.5L, Lick 15 Claypaint in Grasshopper, £57.50 for 2.5L, Earthborn

# 10 easy DIYs for instant personality

Transform your home and garden in a flash, with these simple and stylish decorating ideas you can do in a long weekend. What's more, they all come in at under £100!



**Transform** your kitchen cupboards

There's no need to break the bank in order to revive kitchen cabinets that are looking past their best. All you need is a can of paint and some elbow grease

**STEP 1** Before you start painting, remove the a safe place. If you're planning to replace the handles, fill in the holes with wood filler and sand it smooth once dry.

**STEP 2** Cover your working area with a dust sheet to protect it. Give the surface of the doors a good scrub with sugar soap to remove any dirt, grease and grime. If you can, remove easier. If not, don't worry, you can still paint them while they are attached – you just need to paint carefully to avoid drips and sagging.

STEP 3 Choose a hardwearing, scrubbable paint to give your cabinets a long-lasting finish. Satin, gloss, eggshell, multi-surface and specialist cupboard paints will all work well for this project. You could choose one colour for the whole kitchen, or be bold and opt for two shades for an on-trend look. We recommend painting your wall cabinets in a pale colour and your base units or island in a darker shade.

STEP 4 For a smooth finish, apply the paint using a mini foam roller. However, if your cabinet doors have intricate mouldings, a 1-inch fine-tipped synthetic paintbrush will get into all the nooks and crannies and reduce tramlines. Apply the paint in thin layers, rather than overloading the roller or brush, to avoid drips and sagging. Apply at least two coats of paint to your doors for a durable finish (three is even better), allowing each coat to dry thoroughly before applying the next one.

**STEP 5** If your surface finish is a little uneven or has drips, sand back the problem areas gently when dry, using fine-grit sandpaper, before adding another thin layer of paint.

**STEP 6** Once the painted doors are thoroughly dry, reattach the door handles. If you're adding new handles, mark and drill new holes for the handles before screwing them into position.



#### Create a wowfactor cloakroom

It's easy to create a designer look on a shoestring in a downstairs toilet. By its nature, this bijou space will require wallpapering around some awkward internal corners, but with a little knowhow and planning you can create a professional finish with just one or two rolls of paper

**STEP 1** Begin papering from the middle of a flat area of wall. As you approach a corner, measure the distance to the corner from the last piece of hung wallpaper and add on 2.5cm to allow for an overlap. Trim the next piece of wallpaper to this width, but don't throw away the remaining cut paper.

**STEP 2** Position the trimmed piece carefully from the top and, once you're happy, hang it, using a wallpaper smoothing tool or brush to smooth it towards and into the corner. The excess wallpaper should overlap onto the adjoining wall. Trim the paper at the top and bottom in the usual way.

**STEP 3** In most houses the walls are not perfectly straight, so you'll need to set a plumb line on the new wall. Measure the width of your wallpaper off-cut, then measure this distance from the corner and make a mark high up on the wall. To find the vertical, use a plumb line or a weight attached to a length of string and hold it against the mark. Use the string as a guide to make marks at intervals on the wall using a pencil.

**STEP 4** Hang the wallpaper off-cut against the plumb line and it should fit neatly into the corner, overlapping the first piece. For a professional finish, take a utility knife with a very sharp blade and, using a steel ruler, cut the papers where they overlap.

**STEP 5** Remove any excess from the top paper, then peel the top paper back and remove the excess from the bottom paper.

**STEP 6** Finally, push the top paper down and it should match and meet perfectly with the bottom paper, joining like two regular wallpaper seams.

#### Paper a feature wall

Adding a feature wall is a really easy way to add impact to your room, but if you've never hung paper before, don't be daunted. By using the paste-the-wall method, you can transform a wall in just a couple of hours

STEP 1 Begin by covering your work area with dust sheets. Prepare the walls by cleaning them with sugar soap to remove any residue of grease and dirt. Then fill any holes with multi-purpose filler and sand them smooth once dry

**STEP 2** Start at the centre of the wall so you have a smooth and seamless focal point. With a pencil, mark roughly where each length of paper will hang to ensure you have enough left over for any internal or external corners. Locate your middle marking, and use a spirit level and a pencil to lightly draw a vertical line from the top to the bottom of the wall. This is where you will hang your first length.

**STEP 3** The paste-the-wall method is guick, easy, and much less messy than pasting the paper. Begin by mixing the wallpaper paste with water in a bucket, following the manufacturer's instructions. Once stirred, leave the paste to stand for a few minutes to thicken up, then you're ready to go.

**STEP 4** With your length markings from step two in place, you can now apply the paste to the wall. Empty some paste into a roller tray and evenly roll the paste where you are going to hang your first length of wallpaper. Paste slightly wider than the width of the roll, and use a paint brush to apply paste along the top and bottom of the wall, and around any sockets, windows or chimney breasts. Remember, the paste will dry out quickly, so it's important to work swiftly.

**STEP 5** Hang your first length by carefully pulling the wallpaper up from the roll, and positioning it so you have an overhang of roughly 10cm at the top and bottom to allow for trimming. Now hang it, making sure the edge of the paper aligns with your vertical line. Gently flatten out the paper using your hands until it is fully attached to the wall.

**STEP 6** Sweep a wallpaper brush over the surface of the paper to gently smooth out any air bubbles, working from the centre outwards. Cut the excess paper at the top and bottom with a sharp utility knife or a pair of wallpapering scissors. When hanging the next drops of wallpaper, use sit flat against the wall.



#### Sew a set of stylish voiles

With warmer, lighter days underway, it's time to swap your heavy winter curtains for sheer, lightweight voiles. Made-to-measure curtains can be costly to buy, but it's quick and easy to make your own

STEP 1 To work out how much fabric you need, first measure the width of your window, then double this measurement to give your curtains some fullness. If you're making full-length curtains, measure from hemming, and then subtract 1.5cm so that the curtains just skim the floor. For window curtains, measure from the top of the curtain rod to the bottom of the window and then add 7.5cm if you'd like the curtain to

**STEP 2** Choose the best fabric for the style of your room. Sheer fabrics come in a variety of styles, from understated plains, to embroidered or patterned fabrics that add more visual interest. A thinner fabric may be trickier to sew, but will let in more light, while a thicker sheer fabric will be easier to handle and provide more privacy – ideal for a bedroom, for example.

STEP 3 Lay the fabric down on a flat work-surface. Use a tape measure to measure out the final height and width dimensions, and use a pencil or tailor's chalk to mark these measurements on the fabric. Then, use

dressmaker's scissors to cut the fabric to size. For two separate curtain panels, first cut out a panel that's the full width of your measurements. Then, cut that panel in half along its width to give you two identical panels.

**STEP 4** Lay the fabric right-side down and fold the two side edges inward by 1.5cm, press, then fold them in by If you're making two curtains, repeat this step on both panels. Use an iron on a low heat to press the fabric flat.

**STEP 5** On a sewing machine, sew along the folded and pinned edges. Sheer fabric requires thin, lightweight thread in order not to tear, and use a loose tension on your sewing machine to help avoid ripping the delicate material. Once sewn, remove any remaining pins.

**STEP 6** Fold the top and bottom edges inward by 2.5cm, press, then fold again by 8cm and press and pin. Secure this fold and create a channel at the top by stitching 1cm in from the folded edge. Repeat at the bottom to create the weight needed to ensure the curtains drape beautifully. Pass your curtain rod through the top channel of each curtain and hang them in place.



#### Give a cupboard some love

Transforming a junk-shop bargain into a stylish piece of statement furniture is not only a satisfying and eco-friendly project, it can also make a huge impact in your room. All you need is a tin of paint and some wallpaper off-cuts to switch up a sideboard from dull to designer



STEP 1 Begin by cleaning the sideboard using warm, soapy water to remove any dust and debris. If you're planning to replace the handles, remove the old ones, fill in the holes with wood filler and sand it smooth once dry.



STEP 2 Use a small foam roller or a paintbrush to apply a couple of

coats of paint to the surface of the sideboard, allowing it to dry thoroughly between coats. Here, we've used a chalk paint to give a lovely vintage-effect matt finish but satin, gloss, eggshell, multi-surface and specialist cupboard paints will all work well for this project and give a tough, durable surface.



STEP 3 Using a tape measure, work out the dimensions of the recess areas you wish to paper at the back of the unit.

STEP 4 Use a pencil and a ruler to transfer these measurements to the paper backing on a sheet of self-adhesive wallpaper or vinyl. Use a sharp craft knife and metal ruler to cut out the wallpaper pieces.

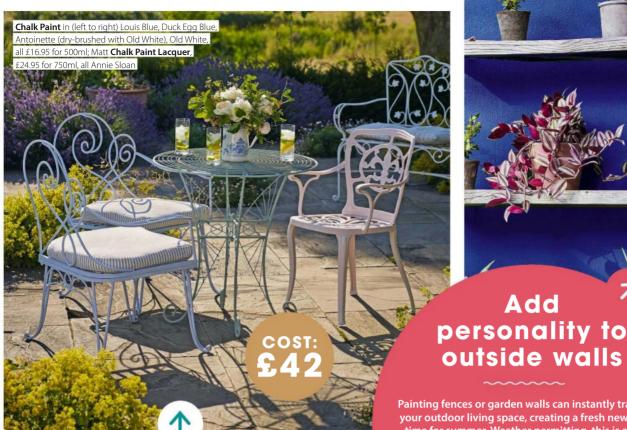




STEP 5 Peel away the backing paper at one corner and position the wallpaper in place against the back of the sideboard. Carefully peel away more of the backing paper, little by little, pressing the wallpaper with your hand as you work to stick it firmly to the back of the sideboard. Use an old credit card to press over the surface of the wallpaper to remove any air bubbles.

**STEP 6** If you have used chalk paint to paint your sideboard, apply a coat of furniture wax over the top to protect the finish and make it more durable. If you're swapping the handles, drill holes for the new ones and screw them into position.





#### Give garden furniture a facelift

Painting your garden table and chairs will protect them from the elements and give them a refresh at the same time. If the weather is on your side, this is a quick and easy job that gives instant results

STEP 1 Preparation is key! Start by removing any flaking or chipped paint from wooden furniture and fill any holes with wood filler. Treat any rust spots on metal pieces and patch or glue any cracks in plastic. Giving your paint the perfect base will not only make it last longer, it'll give it a professional-looking finish, too.

STEP 2 Sanding the furniture will give a good base for the paint to stick to. Start sanding with a coarse-grain paper, such as 80 grit, and then finish with a finer grain, such as 220 grit, to create a really smooth finish. A sandpaper block is best for flat surfaces such as tabletops, but you'll find sheets of sandpaper are easier to get between slats or around legs.

STEP 3 Once you've finished sanding, use a large, clean paintbrush or a vacuum with a brush attachment to remove any dust. Ensure your surface, whatever the material, is thoroughly cleaned with sugar soap to remove grease and grime, and allow it to dry fully before you begin to paint.

STEP 4 Choose a paint that's suitable for your particular furniture, whether it's wood, metal or plastic. Many exterior paints are multi-surface, but check the tin before you buy. If possible, choose a formula that's water-repellent and anti-fungal. Some paint formulations require the surface to be treated with a primer first. If this is the case, apply two coats of primer, allowing them to dry thoroughly between coats.

STEP 5 When you're ready to start painting, stir the paint well, then use a brush to apply it. Leave the first coat of paint to dry as specified on the tin and then apply your second coat. As always, it's better to apply two thin layers of paint than one thick, gloopy layer. Leave to dry thoroughly. If your furniture is particularly intricate, for example woven wicker or filigree metal, you might want to consider using a spray paint to ensure you get good coverage on all

STEP 6 For an extra layer of protection from the elements if you store your furniture outdoors, consider applying a couple of coats of clear exterior varnish or lacquer, but check the manufacturer's recommendations for your chosen paint to make sure you use a compatible product.

Painting fences or garden walls can instantly transform your outdoor living space, creating a fresh new look in time for summer. Weather permitting, this is an easy project that can be completed in a day or two

Add

**STEP 1** When it comes to exterior surfaces, always choose a suitable paint formulation to ensure it will stand up to all weathers. So for brick, stone, rendered or concrete walls, opt for a water-based masonry paint, and for fences, choose a water-based exterior wood paint. Look for formulations with anti-fungal, frost-resistant and anti-aging properties to ensure your home's exterior stays looking lovely for longer.

**STEP 2** Make sure that the weather provides good conditions for painting. The ambient temperature should be above 5°C, with no risk of rain during application or drying. Avoid painting in full summer sun or on surfaces that are already warm, as this will affect the way the paint dries.

STEP 3 Prepare render, brick, stone, cement blockwork or previously painted exterior walls by ensuring that the surface is clean, dry and grease-free, before brushing it down to remove any loose material. Replace any loose mortar or render, and fill and repair any cracks with exterior-grade filler before you start the project. If the surface of your outside masonry stabilising solution before painting. Treat areas with any fungal growth using a fungicidal wash or 25% solution of household bleach, followed by thorough cleaning.

STEP 4 On smooth surfaces, use either a high-quality, synthetic bristle brush or a short-nap, wool-blend roller for the best finish. Ensure that the brush is suitably sized for the project. For textured surfaces, choose a roller with a longer nap length to ensure even and thorough coverage.

**STEP 5** Apply a primer coat of masonry paint. To do this, depending on how porous the surface you're painting is. Stir the paint mixture thoroughly before use, and make sure you paint in even strokes for smooth coverage.

**STEP 6** After waiting at least four hours for the primer coat to dry, apply the first full coat of masonry paint (not watered down). For the best finish, work the final brush strokes all in the same direction, and try not to brush over paint that has already begun to dry. Allow at least four hours before applying the second coat, but check the manufacturer's recommended time for your chosen paint.



#### Upcycle a set of pots

Glazed pots and planters can be pricey, so save money by refreshing old terracotta, metal or plastic pots to create a colourful Mediterranean vibe that's perfect for small spaces

STEP 1 Before you start painting, clean the outside of your pots with warm soapy water. Clean any grease off metal pots with an old rag and white spirit. Allow the pots to dry fully before applying any paint.

**STEP 2** If you'd like to use multiple colours, tester pots are perfect for this project. Alternatively, if you'd like just one or two colours and you're painting a large number of pots, then it will be more cost-effective to buy a litre of your chosen paint. Apply your first coat of paint to your pots and allow it to dry thoroughly following the manufacturer's recommended drying times.

STEP 3 Apply a second coat of paint to your pots and allow to dry. If needed, you may want to apply a

STEP 4 To add texture, as on the green pot, mix a small amount of white exterior paint into some of your coloured paint and dab on with a sponge. Leave to dry.

STEP 5 To use, add a layer of gravel, crocks (broken pottery), or broken up polystyrene chunks for drainage – for large planters this should fill a third of the way up – then top them up with peat-free potting compost and add your chosen plants.



# in Mambo, £83 for 5L, Little Greene chippings, £12 per 100L bag; Verve landscaping fabric, £7, both B&Q

#### Tidy beds and borders

Neatening up your flower beds and borders can make a huge difference to the look and feel of your garden, and you don't have to spend lots of time or money to make a big impact

**STEP 1** Start by removing any weeds from the soil. Take time to dig down and remove all the roots and runners to help prevent them from reappearing later on.

**STEP 2** Dig the soil over to aerate it, loosen the texture and create a finer soil. Depending on the size of your flower bed or border, you can use either a garden fork or hand fork for this job.

**STEP 3** To prevent weeds from regrowing, add a layer of weed control membrane over the surface of the soil, weighing it down around the edges with soil, garden pegs or pebbles.

STEP 4 If you want to plant through the membrane, simply cut slits in the surface with a sharp knife and plant through the slits. The membrane will allow water to permeate through to the plants' roots, while preventing weeds from growing up through the fabric's surface.

**STEP 5** Add a thick layer of bark clippings to cover the weed control membrane. This not only looks smart, it also benefits the plants by helping the soil retain moisture, and deters airborne weed seeds from taking hold.

STEP 6 Finally, neaten the edges of your beds. If they are bordered by grass, use a half-moon edging tool for crisp, straight edges. Alternatively, lay bricks or slabs around the edges of the beds to keep them tidy.





# 7 secrets to the perfect COIOUr palette

Love colour but not sure which shades will work in your space? Our guide will help you choose a beautiful and inspiring palette to perfectly suit you and your home

Whether you're starting from scratch and giving your home a complete makeover, or looking to update one or two rooms, deciding which colour combination is the right one for you and your space can often feel a little daunting. Fortunately, there are some simple tips and tricks that can help guide you through the process, so that you can create a home with flow and personality through a winning palette of colours.

Before you pick up a paint brush, it's handy to know colour theory and the colour wheel, and how these tools can guide you towards a scheme that's not just visually pleasing, but appeals to your other senses, too. Need a space to be calming? There are hues that can help you achieve this. Want to feel productive and energetic? Likewise, certain colours can inspire you to be just that.

When you've chosen your favourite shade or the one that sets the right mood, the colour wheel comes into play; use it to add to your palette, confident that the colours you're choosing are complementary. The colour wheel is a beautiful visual tool that helps you understand how colours are made, and how they work together. It can help you choose the right colour for an accent and create tonal, harmonious and contrasting combinations for every room in your house, says Marianne Shillingford, creative director at Dulux.

Once you have a few carefully chosen colours, you'll need to work out the best way to use them, and this is where the Golden Ratio rule can help. The Golden Ratio in interior design is a formula used to create balanced schemes, explains Helen Shaw, director of marketing at Benjamin Moore. Colour offers the perfect opportunity to inject this theory into your home; with 60% of the scheme being the main colour, 30% the secondary, and 10% an accent. Ready to get colour confident? Read on to discover our seven steps to decorating success...

GoodHome walls & ceilings silk emulsion paint in Toronto, £16 for 2.5L, B&Q

Matt emulsion **paint** in Blue Lace, £15 for 2.51 Homebase

Estate emulsion paint in Middleton Pink, £54.50 for 2.5L. Farrow & Ball

#### 1 Find your favourite colour

To help you explore colour and discover which ones you naturally favour, look at your current surroundings, your clothing, upholstery and artwork, to see if there are any common hues that you feel drawn to. Then, once you've identified a few favourites, browse paint charts to see what's available, and refine your selection further by developing a moodboard. This can be placed in the room you're decorating and observed at different times of the day to see how the light affects the colours, and if they still work for you.

'When incorporating your favourite colour, we recommend thinking about the Golden Ratio; the main colour, 60% of the scheme, is often the walls and main hard furnishings; 30% is the secondary colour, used on chairs, bedding and curtains; and finally the accent, 10%, is for finishing touches that add a pop of colour. Woodwork or architectural features offer the perfect place for this element, says Helen Shaw. director of marketing at Benjamin Moore. Keep in mind that your favourite colour might work as the main colour of your scheme but equally, it may be best as a secondary shade or. if it's very bold, saved for those special finishing touches.





### 2 Incorporate heirlooms and treasured pieces

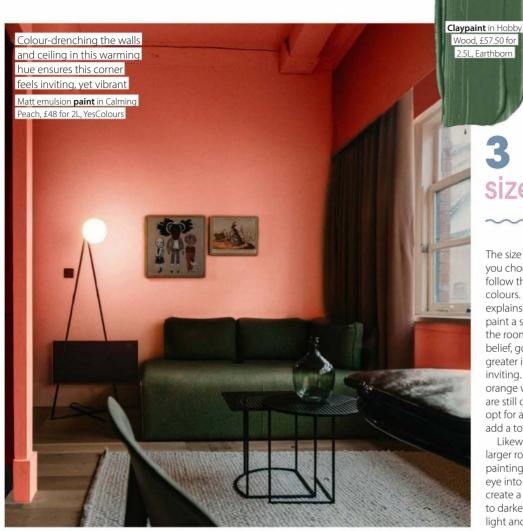
When designing your space, you may come across a favourite possession or heirloom that needs to be incorporated into the new look, without it standing out or looking like it doesn't belong. 'Often what puts people off using vintage pieces in their homes is that the dark wood or shiny varnishes don't fit into their existing room schemes, explains colour expert, Annie Sloan. 'Mid-century modern pieces look great with modern decor, but the colour of the wood can often clash with other woods. Don't be afraid to paint a 1950s sideboard or 1960s dressing table. Here, the soft pink makes a delicate statement that tones with the wall colour in this pretty bedroom.'

If your heirloom can't be painted or upcycled - for instance a rug or piece of artwork - consider using it as your starting point. Select a few colours or tones from the piece that you can highlight elsewhere in the room, so that your treasured item sits perfectly in your new scheme.

> Estate emulsion **paint** in Oval Room Blue, £54 for 2.5L, Farrow & Ball

2.51 Dunelm

Premium Walls & Ceilings interior emulsion paint in Emerald Temple, £37 for 2.5L, Valsnar



3 Think about size and scale

Flat matt **paint** in

Old Street, £52 for

2.5L, COAT

Matt emulsion **paint** 

in Tuscan Rooftop, £38

for 2.5L, Lust Home

The size of a room will have an impact on the colours you choose to decorate it with, but it doesn't always follow that smaller spaces must be painted in paler colours. Emma Bentley, co-founder of YesColours, explains: 'There are misconceptions about having to paint a small room white or neutral, to avoid making the room feel smaller than it already is. Contrary to belief, going bright and bold in a small space creates greater impact and makes the room feel far more inviting. For a cosy, compact snug, consider dark orange walls for a comforting ambience. But if you are still concerned about using a lighter colour, then opt for a pastel tone, such as blush pink, as this will add a touch of warmth while maintaining an airy feel.'

Likewise, if you're working with high ceilings or a larger room and want to create a cosy vibe, consider painting the ceiling in a warmer shade to trick the eye into thinking it's lower than it is. Similarly, you can create a more intimate feel in a large room by looking to darker colours with warm undertones to absorb light and give the impression of a smaller space.

#### **4** Consider natural light

'Before decorating any room, take note of which direction it faces and how much natural light will enter,' says Helen Shaw, director of marketing at Benjamin Moore. 'As a general rule, rooms facing south will be filled with natural light, whereas those facing north may lack warm sunlight. As a result, north-facing rooms can benefit from strong hues or neutrals with a yellow or red undertone for a hint of warmth. while south-facing rooms can embrace almost any colour, including whites with grey undertones.

In the same way as wall colour plays a part in the 'temperature' of a room, so too does natural lighting. So be sure to pick a shade that enhances the warmth that you already have, or one that works to counteract the cool feel by visually turning up the temperature.

This kitchen is filled with warm, natural light, so a predominantly white scheme is fresh and welcoming rather than cold and sterile

Ben Interior Matt **paint** in White Dove and Silver Satin, both £20 for 0.94L, Benjamin Moore





Absolute matt emulsion **paint** in Woad, £57.50 for 2.5L. Little Greene

Silk emulsion **paint** in Raspberry Meld, £14.99 for 2.5L, Wilko

Matt emulsion **paint** in Nickel, £15 for 2.5L, Wickes

#### This denim blue creates a restful feel that's ideal for a bedroom, where you want to feel cosy and relaxed Premium Walls & Ceilings

interior emulsion **paint** in

## 5 Decide on the feel and function

Understanding the psychology of colour can help you make an informed decision when it comes to decorating each room of your house. Colour is a powerful tool and can influence your mood, emotions, and also the atmosphere in a space. So be sure of how you want your space to function before exploring the best colours to help you achieve this.

'Green tones are traditionally associated with balance and calm, and make a great foundation for your colour scheme,' says Sarah Lloyd, interiors and paint expert at Valspar Paint. 'Orange is a warm, inviting colour that invokes confidence and style in any room, but it should be used sparingly or interspersed with calmer colours, as too much can overwhelm a space. Blue is often used to promote a tranquil, calming environment, especially in bedrooms and bathrooms. It also helps us to de-stress, and using tonal and uniform blue combinations helps to de-clutter the room and the mind.'



oto @sarah\_dreamofhom

# A tonal scheme is perfect for highlighting different features in the room with paint. Bring in other tones with accessories and soft furnishings to complete the look Crafted by Crown flat matt emulsion paint in Cross Stitch and Made with Love, both £37.60 for 2.5L, Crown Paints

# **6** Consult the colour wheel

The colour wheel is a handy device used in interior design to see how colours relate to each other, allowing you to work out winning combinations with ease. The wheel is divided into 12 sections, each representing a colour, covering primary, secondary and tertiary hues that can be combined to create contrasting, harmonious and tonal schemes.

'Combining colours from opposite sides of the wheel allows you to create a dynamic and high-energy space, ideal for sociable rooms such as the dining room,' says Justyna Korczynska, senior designer at Crown Paints. 'You can also use a colour wheel to create a tonal scheme, using different tones, tints and shades of a single hue for a timeless finish.'

For a relaxing and harmonious scheme, choose colours that sit next to each other on the wheel as this will create a soft, layered look. For a considered effect, use your chosen colours across your paintwork, furniture and furnishings to give your room a complete makeover.



### 7 Let the experts help you refine your choices

If you're still struggling to settle on a palette of colours that work cohesively in your home, look to the professionals for help. The colour experts at paint companies often pull together palettes of their own hues, to show how they can work together in your home for an effortlessly put-together interior.

Take inspiration from the Uplifting Palette from Dulux Colour Futures 2024 – a collection of gorgeous colours that can be used together in any combination to capture a feeling of joy, says Marianne Shillingford, creative director at Dulux. 'Combine more than one colour on the walls and woodwork, then get creative with painted blocks, bands and stripes to define different areas for different activities. If you have a core palette of 10 colours, you can use it to decorate the whole of your home. Use one or two shades as the connecting thread in each room, and dial the other colours up or down to suit each space.'









Toulux's Uplifting Palette is comprised of 10 colours: 1 Sweet Embrace 2 Fragrant Peony 3 Tailors Chalk 4 Warm Straw 5 Lilac Skies 6 High Summer 7 Wild Wonder 8 Rocking Horse 9 Ochre Sands 10 Sandy Shallows All matt emulsion paint, £36.49 for 2.5L, Dulux







### Get your beauty sleep

Spoil yourself with high thread count cotton bedding. These luxurious sheets are more densely woven than ordinary bedding, creating a slightly heavier fabric and, when woven with a satin weave, a silky smooth finish. This style of bedding tends to be more expensive but the highquality fabric washes well and lasts longer than ordinary bedlinen - meaning your investment will pay off in the end.



### Fake those features

Paint and stick your way to grandeur with murals and moulding. With a steady hand and a bit of imagination, you can even add features using paint. This painted portico gives this doorway an irresistible sense of can add pre-made mouldings instead.
Make rectangular frames using beading and attach them to the bottom of your wall to create the effect of panelling.

### Style idea S Get a luxe look on a budget with dramatic chandelier style lighting

### Accentuate your lighting

Don't let modern lighting give the game away. Add opulence with plenty of softer options to create an elegant atmosphere. If you're renting, or don't fancy calling out an electrician, table lamps and free-standing floor lamps can help you create the same effect.







### Set the scene

Give your dining space main character energy by creating a layered tablescape for hosting a stylish soirée. Displays like these can look tricky to pull off but the rules are straightforward. Create plenty of height by stacking up tableware; start with the widest pieces and work up to the smaller ones. Stick to a maximum of three colours and reference these across your pieces – for example, matching candles to glassware and napkins.



### **Bolster the effect**

Restyle your sofa for a time-travelling effect. You'll need two bolster cushions, one to place at each end with the short edges facing outwards. Choose a cushion that's the same length as the depth of your sofa but, if you can't find the perfect size, place the cushion so that a short end is level with the front of your sofa and fill in the gap with another cushion.







### Bring luxury to the bathroom

Don't neglect your bathroom when it comes to creating an all-round royalcore look. It's a place where you can really treat yourself like royalty, so it should look the part too! Swap modern mirrors for something a little more elaborate and paint the frame gold. Introduce secondhand furniture, like an ornate chair to drape a robe over, or a chest of drawers to use as storage or upcycle into a washstand. When adding wooden pieces to high-moisture areas like bathrooms, give them a fresh coat of varnish for the best protection.



### Put a ring on it

Transform your bedroom with a regal bed frame. Avoid modern, angular four-poster bed styles and look for something with graceful lines and curves. These designs will allow you the option of adding draperies and curtains, but are also elegant enough to hold their own without them. If your room feels too bijou for a frame like this, consider adding a circular 'ciel de lit', or hanging canopy, which attaches to the wall or ceiling above your bed. These will require curtains, as they'll look a little disconnected without them. But you can use any lightweight, pre-made curtains that are the right length to touch the floor.



### Take to the floor

Turn every room into a ballroom by creating an authentic period parquet look with affordable, lookalike vinyl or laminate. Use tiles to create an infinite array of tessellating designs to complement period features. Alternatively, opt for large scale flagstone tiles for a gentler look.

Choose devigns
that draw from
artworks from the
era you're looking
to recreate









### Say goodbye to dull tiles...









Create a fresh new look for walls and floors with high quality Quadrostyle tile stickers

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- Fully removable without leaving residue perfect for tenants!



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# Ine problem room wo new looks

Every month, we ask two interior stylists to solve a real room design dilemma, each creating a moodboard to help our reader find the perfect solution for their space



Architects Do+Co Photo James French



STYLE

Bonavento storage tins,

£8.95 for 2, Rex London

writer with over 10 years

experience. Based on the

south coast, she has a passion for travel, people, and clever

design. Find her on Instagram

@mishytaylor\_stylist.

May 2024 81

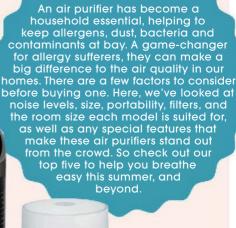
Växthus basket,

£13 IKFA





Breathe fresh, clean air with less allergens and pollutants using these handy devices



A BREATH OF FRESH AIR



EDITOR'S CHOICE

### Clean Air compact air purifier with touch control, £79.99, Russell Hobbs

With its three-layer filtration system, this model can catch up to 99.95% of airborne allergens. The filters should be changed every six-to-eight months, and there's a handy reminder so you don't forget! Measuring just 40 x 20cm, it's ideal for smaller spaces up to 10m sq and really easy to move from room to room. It includes three speeds and a night mode, where the colour-changing LED display dims and the fan speed slows, so as not to disturb your slumber.

**BEST FOR:** portability

### Honeywell Air Genius 5 air purifier, £149.88, Amazon

This air purifier features a permanent, washable ifD filter and pre-filter to remove up to 99.9% of viruses. It also includes an odour- and VOCreducing filter, which needs to be replaced every three months, to tackle smoke and food smells. Measuring 78 x 32cm, it works in rooms of up to 112m sq and has a sleek tower design that slots neatly into any space. There are five cleaning levels, with the noise reaching 48dB, however a sleep function keeps things perfectly quiet for a good night's sleep.

**BEST FOR:** ease of use

### Blue Max 3250i, £149, BlueAir

Measuring 48 x 26.9cm and ideal for rooms of up to 48m sq, this stylish air purifier has a HEPASilent filter to capture at least 99.97% of airborne particles. The filter lasts six-to-nine months, but you can track its status via an app, so you can keep a replacement handy. This smart model can display real-time data about your air quality, as well as go into standby mode when you leave home and turn back on when you're nearby. Its low noise level of 18dB is great for light sleepers.

**BEST FOR:** affordable smart technology

### HoMedics TotalClean 4-in-1 tower air purifier, \$79.99, Amazon

A HEPA-type filter helps this model remove up to 99% of airborne allergens every hour; a replacement filter indicator lets you know when to change it. Measuring 30 x 19cm, it's suitable for rooms up to 27m sq, so ideal for a bedroom or home office, however its compact design makes it easily portable. There are three speeds, the fastest being a little noisy, although there is a quieter night mode. We love the aromatherapy feature - just add essential oil to the pads to infuse a subtle scent into your space.

BEST FOR: budget

### Philips Expert Series 3000i connected air

### 3000i connected air purifier, £484.99, John Lewis & Partners

The CleanHome+ app and voice control features for this model allow you to control the air quality in your home with ease. It has a HEPA and Active Carbon filter to remove up to 99.99% of allergens, which will need replacing periodically, and intelligent sensors that automatically adjust the settings. At 64.5 x 29cm, this model can tackle spaces up to 135m sq. Choose from four day modes, with a noise level of up to 56dB, or two nearsilent night modes.

**BEST FOR:** larger spaces

# A chic bathroom suite worth £2,708



Overhaul your bathroom this year with a stylish new look! We've teamed up with bathroom distributor Frontline to give two lucky readers a bathroom suite from its Aqua range, each worth over £2,700!

Frontline's Aqua collection is designed to offer luxurious style at an affordable price, with timeless and contemporary pieces, as well as a selection of classic Italian-inspired products.

This brilliant prize includes: a bath; bath panel; close coupled toilet with cistern, soft close seat and dual flush technology; wall-mounted storage units; basin vanity unit; towel warmer and mirror in a black and chrome scheme.

The modern Aqua Medici single-ended bath features sleek lines and a streamlined profile. Winners will receive a plastic front panel, chrome Code bath mixer tap with round, turn-twist controls and Frontline chrome bath waste.

The Aquatrend wall-hung vanity unit includes a ceramic basin with chrome Code basin mixer tap and two drawers for plenty of storage, finished in stylish Matt Carbon. Winners will also receive a matching tall wall storage unit. Made from engineered wood, the storage and vanity units have soft-close hinges for quiet and safe use.

To finish your new bathroom in style, the lucky winners will also receive a black-framed LED Halo mirror with a demister and smart touch switch.

See the full range at **frontlinebathrooms.co.uk**. Open to mainland UK residents only.





### TERMS AND CONDITIONS

1 The promoter is Our Media Limited (company number 05715415). 2 The closing date for the promotion is 30th June 2024 at 11.59pm. 3 The promotion is open to mainland UK residents only (not including the Channel Islands) aged 18 years or older. 4 The promotion is not open to Our Media Limited's employees or contractors and anyone connected with the promotion or their direct family members. 5 Curbside delivery is included. 6 Installation is not included. 7 Manufacturer guarantees are only valid if installed at the homeowner's address. 8 Entrants must accept responsibility for checking the dimensions of the suite before entering. The dimensions are: bath 1700x400x750mm; sink vanity unit 513x530x365mm; tall storage unit 350x1200x216mm; towel warmer 800x500mm. 9 For the full list of Terms and Conditions, visit yourhomestyle.uk/win.

# E'S YOUR CHANCE



Give your bathroom a fresh new look with shades in bold, nature-inspired tones, from coral pink and sunshine yellow to forest green and midnight blue

one are the days of the traditional plain bathroom - colour is in! Fortunately, this doesn't mean that you need to ditch your white suite, as there are plenty of ways to transform this hardworking space without breaking the bank. If you're looking to replace your sanitaryware with something a little more bold, colourful suites are no longer limited to 1970s avocado green – you'll discover options from subtle pastels to more vibrant shades.

If the existing suite is staying put, why not switch up your style by giving the walls a new look with paint? Always opt for a bathroom

emulsion to ensure it stands up to the daily wear and tear that a busy bathroom has to cope with. Green remains a popular hue for bathrooms, and it looks particularly stylish when teamed with a few humidity-loving houseplants, but choose whatever colours make you happy - we start and end our days in the bathroom, so it pays to go for a mood-boosting hue.

Budget-friendly updates are easy in the bathroom: the high street is filled with an array of gorgeous towels, mats and other accessories which will give your space an instant refresh. If you want to flex your DIY skills, you could refresh plain

tiles using colourful a grout pen, or revive tired flooring with a lick of paint. If you're feeling thrifty, spend some time trawling local secondhand stores and online for preloved pieces of furniture which, when given a good sand down and coat of paint, will add character to the room, as well as essential storage. The same goes for smaller accessories such as mirrors. Check out Facebook Marketplace for bargains and Instagram and Pinterest for some upcycling inspiration.

Though practicality is key, the bathroom can be a fun space to think outside the box - a little creativity will help you achieve a look you love.

Crown Easyclean bathroom

emulsion in Linen Cupboard, Teal and Soft Duck Egg, all £22 for 2.5L, all Wickes

### Space saver

perfectly pink basin, which is a fun colour without overwhelming your space. It has a diameter of 36cm, so the sleek look.

Arezzo round counter top **basin** in Matt Pink, £109.95, Victorian Plumbing





### **Patterned** towels Need a quick fix? Add a few colourful towels to your scheme

### **Blank** space

Adding colour to a white backdrop can make a big impact – ideal for those who are renting or on a tight budget. Go wild in the aisles and pick up a selection of purse-friendly accessories in your favourite shades for an affordable update. Or, if you're able to, give the tiling a twist by using a contrasting grout or a quick refresh with a grout pen.

Vågsjön **hand towels** in Golden Yellow, £3.50; Vilto **step stool**, £29; Kärrknipprot bath mat, £10; Storavan 3-piece bathroom set, £1.75; Enhet bathroom in White, £300 including wash basin cabinet, basin, tap, shelving unit, high cabinet and mirror, all IKEA



Pure cotton wave **towels**, from £9.50 for a hand towel, M&S 2 Busenkel kids **bath** 4 Burnt Orange geo **towel**, from £5 for a hand towel, Dunelm



Moody hues

Go for a darker shade if that's more your style – it will still create a daring effect. We love this inky blue hue for a bold look, especially paired with brushed brass fixings. The acrylic panels are a super practical alternative to tiles, eliminating grout lines for easier cleaning.

Starlight Sapphire wall panel, from £580.80 per 2400x896mm panel, Showerwall



### **↑** Statement piece

Offered in a collection of eye-catching shades, this bath will add both elegance and colour to your bathroom. They're handpainted to order in the UK, and you can also choose from different finishes for the feet. Or, you could spruce up an existing tub with chalk paint (just don't forget the primer and sealant).

### Tile style

Available in a range of 27 different shades, from bold primary colours to subtle pastels, these stunning tiles are the perfect way to give your walls some va va voom! Mix and match gloss and matt finishes, or play around with different tile







### Two tone If you're not sure where to start, pick a pair of colours and use these around the room. We love how this neutral scheme is elevated by pops of pink and sunny yellow. Green and pink or navy and pink schemes are also bang on-trend right now. Ochre Yellow arches under sink storage unit, £145; Ochre Yellow tile soap dispenser, £10; Ochre Yellow tile toothbrush holder, £12; round wall mirror, £55, all Next

### ← Colour clash

This leafy oasis features a lush green shade painted on the upper wall and ceiling, with a subtle pop of contrasting colours underneath. Keeping the remaining walls and floor a lighter colour balances the look, preventing the green from overpowering the space.

### 4 pro tips from the bathroom designers

### Best for... tight budgets

ways to adu coloul to a bathloom is through painting and upcycling. Why not pick up a secondhand vanity unit and give it a new lease of life with some specialist furniture paint?'

**Rikki Fothergill**, bathroom style expert, Big Bathroom Shop

### Best for... busy people

a coloured basin, for example, will enrich your bathroom in a short amount of

**Hannah Saunders**, design expert, Victorian Plumbing

### Best for... small bathrooms

your bathroom – as well as provide storage space which is essential in a small room. Adding coordinating coloured units will make it feel less cluttered, creating the illusion of a more spacious interior, especially if you opt for wall-hung units which free up

### Best for... rentals

reinvent your bathroom, but accessories such as colourful towels, bathmats,

shower curtains and storage can transform your bathroom from tired to Some landlords will allow you to make small changes to the property (though make sure you get written permission first). If so, installing mirrors or shelving units can re-energise your space.'

**Hannah Saunders**, design expert, Victorian Plumbing

### ADDING AN EN-SUITE GAVE MY LOFT A

# high-end hotel vibe

Laura Hall squeezed a petite en-suite into her loft space to get the luxe feel she'd dreamed of, finishing the look with lashings of colour-pop coral





### About me

I'm Laura Hall, an interior designer and content creator, and I live with my husband Graham, a software developer, and our two boys, Ben, seven, and Rory, five. Our home is a four-bedroom 1930s end-terrace in Woolton, Liverpool, which we bought in October 2015. I share my reno story on Instagram @thehexagonalhouse.





### My problem bedroom We originally had three bedrooms, but I knew that

We originally had three bedrooms, but I knew that the boys would eventually want a room each. We wanted to retain a spare room so that family and friends could visit, which meant finding a way to create a fourth bedroom.

### How I made it work

We decided to convert the loft space to make the extra bedroom. Although the loft wasn't boarded out, there was plenty of floor space and head

height, so it felt ripe for a conversion. Adding an en-suite in the design ensured it became a sumptuous main bedroom for myself and Graham.

My favourite part
Although it's smaller than I originally expected

Although it's smaller than'l originally expected and more pared-back in terms of colour than the rest of our home, I love the luxurious feel we've incorporated into the en-suite. It's a nod to the sophisticated bathrooms in hotels we've stayed in.

Ithough our two boys were happy sharing a bedroom, we knew the time would come when they would want their own space. Graham and I also both work from home and our bedroom was regularly doubling up as an office, which wasn't ideal. So, a loft conversion was the obvious way to add more space and future-proof our end-terrace home.

We submitted the planning permission in 2019 but delayed starting the loft to allow ourselves time to save. When the build finally began, though, we realised the architect had drawn the steels and supporting walls in the wrong position, so we had to guickly get new plans, and we ended up having to remove the window on the side of the house to get the steels in.

It felt strange designing a space that I'd never actually been in, but I knew my scheme was always going to include plenty of colour and pattern. I also wanted to inject a calm, relaxing vibe, so I chose a soft pink for the walls, then made a feature out of the wardrobes, painting them vibrant coral and edging them with gold leaf detailing to elevate the look.

Unfortunately, we couldn't squeeze a bath into the en-suite, but slimline sanitaryware makes the most of this space. We also had to have an electric shower to help with water pressure, so I hunted around to find a stylish design with a waterfall head. I also chose shower panels rather than tiles, and LVT flooring; both lowmaintenance options. I'm getting more confident at designing and I feel prouder each time I create a space, but I still pinch myself that I live in such a lovely home!

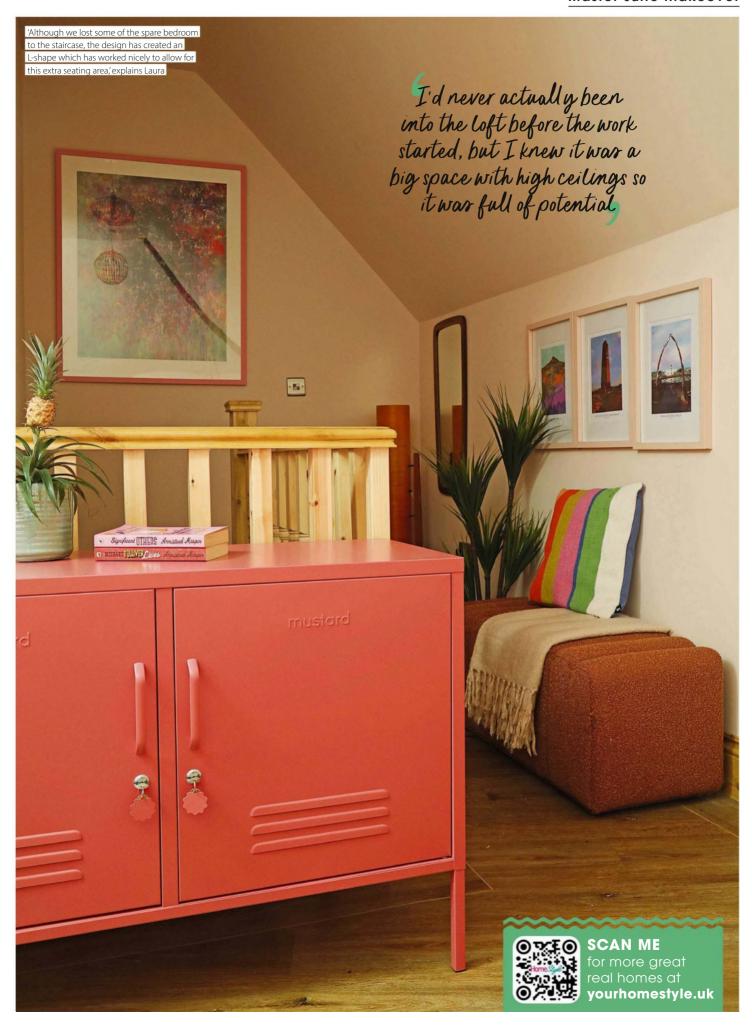


# By choosing just a few key pieces, Laura has helped this room feel more spacious 'Although the room is full of colour and pattern, I wanted the space to feel uncluttered, so I haven't put much furniture in here'

### My shopping list

Vintage Mint wall tiles, £34.95 per sq m, Tile Mountain. Marmo Migliore shower panel, approx £225 per panel, Mermaid. Amore DuElec Gloss Black electric **shower**, £319.99, Triton. For similar shower screen, try the Arezzo Matt Black profile wetroom screen, £189.95; Metro rimless close coupled modern toilet and soft close seat, £189.95, both Victorian Plumbing. For similar shower tray, try Hydrolux low profile 1400 x 700mm shower tray with waste, £149, Plumbworld. Minnie Blush Pink wall-mounted vanity unit and polymarble basin, £229.99; Harbour Status Matt Black basin mixer tap & waste, £89.99, both Drench. For similar bath mat try Yellow daisy round bath mat, £10, Asda. Limed Oak+ LVT **flooring**, £49.99 per sq m; Walbrook Peyton Blue **flooring**, £57.49 per sq m, both Harvey Maria. Walls in matt emulsion paint in Watercolour, £48 for 2.5L; cupboards in eggshell paint in Cheerleader, £36 for 1L, both Graham and Brown. The Lowdown metal cabinet in Berry, £289, Mustard. For similar lights, try the Lena ribbed satin Gold-effect wired LED wall light, £35, B&Q. Joules Early Riser woven throw, £120; Joules Green hydrangea floral duvet cover set, £110; Joules hydrangea floral **cushion**, £40, all Bedeck Home. Folktale tufted flatweave wool rug, £110, Habitat. For similar vase, try the Geometric golden wall vase, £6.03, Temu. For similar gold leaf set, try the Wadities gold leaf gilding

adhesive set, £18.99, Amazon.











# Style advice Three simple tricks

to try in your own home

I Gold glow up Add some zing to your mouldings, like Laura has done with the wooden beading on her fitted wardrobes and doors. You will need to buy a gold leaf kit online. 'Brush on the glue, leave it to go tacky, then add the gold leaf, which I simply rubbed on, says Laura. 'At first it looks messy, but trust the process, as when it's brushed off the finished effect looks beautiful – though I am still finding bits of gold every time I clean the room!'

2 Dopamine decor

Decorating with warm colours, such as pinks, reds and oranges, can help us feel happier, so Laura loves to embrace lots of joyful colours and bold pattern in her interiors. I chose plenty of tactile materials to add texture, which all helps inject an uplifting vibe. For me, these bright, warm tones raise my energy levels, though ultimately I subscribe to decorating your home in any way that makes you feel happy.'

3 Make a splash Shower panels are a low-maintenance, cost-effective alternative to tiles. They don't require any grout so there's no discolouring to contend with, making them easy to clean and more waterproof, too. 'As I only needed two panels, they were also cheaper, quicker and easier to install than tiling the whole space, Laura explains. They come in a wide range of colours and finishes – I chose a matt marble effect to create a modern, sophisticated look.'







Eppy fabric **accent chair** in Mint Green, £99, Habitat

Pastel textured **tealight holders**, £24 for 5, Next



## Ask the experts How to deal with nuisance neighbours

Our experts solve your DIY dilemmas. This month, we help address troublesome issues with neighbours



CEO of **HomeOwners Alliance** 



Housing expert at Citizens Advice



Dispute resolution partner at **Keystone Law** 



Pet welfare expert at RSPCA



**Q** I want to raise the height of my fence for privacy, but my nosy neighbour wants the space left open - do I need their approval?

Paula Higgins, CEO of HomeOwners Alliance, which exists to give practical help to homeowners across every aspect of buying, owning and selling, says... 'Most residential properties can have a fence up to two metres in height – including trellis – without requiring planning permission. If you plan to install a higher fence, then you will need to seek approval from the planning department of your local authority. If this is the case, then your neighbour will be able to raise an objection, but you do not need to get their approval as long as the fence is on

That said, it's essential to be clear about the boundaries of your property and to check that the fence is indeed yours, as it is possible to have a shared boundary or fence. You can do this by looking at your property deeds. Contrary to common belief, there is no hard and fast rule as to who gets the front (or smooth side) of the fence.

If you are paying for the fence, it can face any direction you like, as long as the posts are within your boundary. But we would always advise that you avoid getting into a dispute with your neighbour by letting them enjoy the smooth side of the fence; especially in this case, where they are not happy with the fence in the first place.'



When water

from the flat above you, it's

vour landlord

Nick Donlon, housing expert at Citizens Advice, who has worked in housing advice for over a decade, says... 'If the leak from your neighbour's flat has caused damage to the structure of your home, then your landlord is likely to be responsible for repairing it. Your landlord might also be responsible if your home isn't safe for you to live in, but only once they know about this damage. Your landlord is unlikely to be liable for any damage to your belongings if they weren't responsible for the leak.

If the flood or leak was caused by your neighbour being careless, for example they left the bath to overflow, you could make a claim against your neighbour on the grounds of nuisance or negligence. You could claim for the damage caused to your belongings, but in this case it's best to first speak to your neighbour.

If you share the same landlord with your neighbour and the cause of the leak was the failure to make repairs in their flat, which is down to your landlord, then they could also be responsible for the damage caused by the leak!

### Mv next-door neighbour has set up a holiday rental in their garden and now they have noisy guests there most weekends can I ask them to stop?

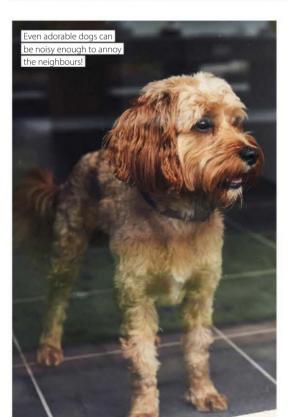


Annabel Clark, a dispute resolution partner at Keystone Law, who handles cases across a wide range of areas, says... 'The first thing you should do is talk to your next-door neighbour who, if they continue to live in their house while renting out their garden room, may also be concerned by the noise from their holiday guests most weekends. You should express your concerns about the level and timing of the noise nuisance, and suggest some reasonable restrictions to include. For example, a time when outside music should be turned off, the number of guests allowed, and anything else relevant to your particular circumstances.

If they are unwilling to cooperate, you may wish to consider with the local authority planning department whether they have the correct permissions to let out the garden room as accommodation. Different planning

### If the disturbance is regular, keep a diary to record the time, duration and nature of the noise

regulations apply when there are bedrooms in garden rooms. You can also report particular instances of noise nuisance to the council. If it's regular, keep a diary to record the time, duration and nature of the noise. If it's a one-off that is unbearable, you should call the local noise abatement officer. Every set of circumstances is different, and if in doubt you should take legal advice.'



### I work from home and my neighbour's dog barks all day while they are out of the house - is there anything I can do?

Esme Wheeler, RSPCA pet welfare expert and clinical animal behaviourist, says... 'Dogs bark for lots of reasons - and their owners may not be aware that they're barking when they're out. In the first instance, please approach them to let them know; they may appreciate the information so they can address any issues, such as separation-related behaviour problems, which is one of the most common causes of barking and affects approximately eight in 10 dogs

Dogs should never be left for long periods, and teaching dogs to settle for short periods can take some time, so please be patient with your neighbour.

If this doesn't help, then you should contact the local authority to make a noise complaint. Please don't call our emergency hotline, as our teams are incredibly busy trying to help animals suffering cruelty and neglect, and a call about a barking dog could block our phone lines. Council staff have statutory powers, so are better placed to investigate the barking and will contact us if they have welfare concerns we can assist with.

### 5 handy tips for keeping the noise down

Be a considerate neighbour by minimising noise in your own home

- 1 Place rugs above hard flooring or invest in padding beneath carpet, to help reduce footfall noise. This can be particularly beneficial on stairs and upper floors.
- 2 Hang heavyweight curtains in front of windows and your front door, as a barrier to block out sound.
- 3 Upgrade cabinet door and drawer hinges to soft-close mechanisms, or add adhesive bumper pads to help absorb impact and prevent slamming.
- 4 Strategically place large pieces of furniture – such as bookshelves or sofas against shared walls to act as sound absorbers. Also try to seal cracks and gaps around the skirting with caulking, to prevent noise travelling between the walls.
- 5 Establish mutual quiet hours with your adjoining neighbours. Night hours are generally accepted as being from 11pm until 7am. Being mindful of noise during early-morning and late-evening hours can contribute to a more harmonious living environment for everyone.



Adding rugs to hard flooring, and heavy curtains in front of doors and windows, can help to absorb sound. Pearl Wheat made-to-measure curtain, from £125, Hillarys



### Savvy home solutions

Make your home life simpler and more sustainable with handy household hacks and hints, product reviews and easy eco swaps



1 This brush's stiff bassine bristles (made from natural palm leaves) makes light work of sweeping debris from gutters, plant pots, tools and other dusty parts of the garden.

2 Blast away stubborn dirt with this selfassembled pressure washer. It's a great-value option that saves you scrubbing by hand, with a 6 metre hose for easy manoeuvrability.

3 Apply this concentrated formula with a brush, sponge or cloth to clean up unsightly rust spots. It'll make outdoor furniture, barbecues, fire pits and even trampolines look like new again.



### Organise your fridge

**1 Start by removing everything** and cleaning the fridge thoroughly. Set aside any items that don't really need to go back in the fridge, such as bananas, potatoes and tomatoes, and pop these into baskets or serving bowls instead.

**2** Create a 'Use me first' shelf at the top of the fridge and move leftovers up here, as well as any food about to go out of date – this is a great way to reduce waste.

**3** Rearrange the other shelves, as certain foods last longer when stored in specific areas. Upper shelves are better for spreads, the middle shelf is the most consistent temperature so is best for eggs and dairy, and meat and fish should go in the drawers at the base of the fridge, which is the coldest part.

**4 Maximise storage** by making use of vertical space: use stackable, transparent containers so you can see where things are in an instant. Try storing carrots, limes, and broccoli in jars of water to prolong their lives; put berries and leafy greens in airtight containers lined with kitchen towel.

**5** A turntable organiser is ideal for condiment jars, helping to make items at the back of the fridge more accessible, and less likely to be wasted.



Systomate Smiles You're as dishwashing and laundry products, but did you know the brand also makes bamboo toothbrushes? According to smol, 256 million toothbrushes are thrown out in the UK every year. Bamboo is recyclable, has a lower carbon footprint than plastic, and regrows quickly. making these stylish toothbrushes a perfect plastic-free swap. They're even colour-coded for busy households, too.

Bamboo toothbrushes. f7 for 6 smol

### 5 MINUTE FIXES

Have a bit of extra time? Here are three quick tasks to do this month



### Clean the toaster

Turn off the toaster and leave it to cool down, then remove the crumb tray and shake it out into your compost bin. For any leftover crumbs inside the toaster, use a brush to dust them away. Wash and dry the tray thoroughly before putting it back.



### Paper purge >

Quickly blitz each room in the house looking for old newspapers, magazines, birthday cards, junk mail, or any receipts no longer needed. Separate into piles, ready for donation, shredding or recycling.



### Sanitise switches

Light switches are regularly used but not often cleaned, and can become a hotspot for bacteria! To banish those germs, spritz a microfibre cloth with antibacterial spray and give each switch a quick wipe down.

### 3 ON TEST... ECO LAUNDRY SHEETS

Laundry sheets offer a plastic-free alternative to liquid detergents, but how effective are they at removing stains and keeping whites bright? Do they make your washing smell nice, and are they good value for money? I put three to the test...



### Best for removing stains

I found these laundry sheets performed well, even on a white t-shirt that was a bit stained. I thought the 'Uplifting' scent was very fresh, and I was pleased with the overall clean they gave. They left my clothes and towels feeling really soft, too. For their eco credentials (less packaging so lower carbon footprint, biodegradable materials and naturally derived stain removers), I think they're worth the 37p per sheet and would use them again.



### Best value

I was pleasantly surprised by how well these sheets dissolved on a cool wash, leaving no residue or mess. When I tried them on a muddy set of kids' clothes, one sheet wasn't enough to completely shift the dirt, but I do live in a hardwater area. I'd continue to use them on lighter loads, as the Fresh Blossom scent is so lovely. Plus they offer good value at £4 for 25 sheets, which works out at 16p per sheet.





### Best for sensitive skin

Even on a cold wash these strips worked really well at shifting dirt, but I did feel that two strips were necessary for a decent-sized load, making the price per wash more like 50p. I liked the really subtle but fresh linen fragrance, and was impressed by the zero-waste packaging. After using them for a while, I noticed that my skin was feeling softer and less itchy, which was an added bonus I wasn't expecting.



# GetBOARD

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### TAGLIATELLE WITH ASPARAGUS AND MUSHROOMS

PREP TIME 10 minutes
COOK TIME 20 minutes
SERVES 4

### **INGREDIENTS**

• 40g salted butter • 1 medium onion, finely chopped • 150g chestnut mushrooms, wiped and finely chopped • 200g lighter soft cheese with garlic and herbs • 150ml single cream • 100ml white wine • 6g fresh parsley, finely chopped • salt and pepper • 400g tagliatelle • 2 x 100g packs asparagus tips • 20ml extra virgin olive oil • 40g Parmigiano Reggiano, to serve

### **METHOD**

1 Melt the butter in a wok or large frying pan and sauté the onion for a minute. Add the mushrooms then cook for another couple of minutes.

- 2 Add the soft cheese, single cream, white wine and parsley. Season with salt and pepper, then cook on a low heat for a couple of minutes.
- **3** Meanwhile, cook the tagliatelle in a large pan of boiling water for about 8-10 minutes, as per the directions on the pack.
- 4 Cut the asparagus in half and sauté them in the olive oil for 2-3 minutes. Drain the pasta and add to the mushroom sauce, toss in the asparagus and gently heat through. Serve with shavings of Parmigiano Reggiano.

### **COOK'S TIPS**

Use a vegetarian hard cheese alternative if you want to make this dish veggie. Reserve a cup of starchy pasta water and add it to the mushroom sauce to make it extra silky.

Recipe and image courtesy of Aldi, aldi.co.uk



### **Tuesday**

SWEET AND SOUR PORK

PREP TIME 5 minutes
COOK TIME 15 minutes
SERVES 4

### **INGREDIENTS**

■ 1 tbsp sunflower oil ■ 1 medium onion, chopped ■ 500g pork fillet, cubed ■ ½ red pepper, deseeded and cubed ■ ½ green pepper, deseeded and cubed ■ 350g canned pineapple pieces ■ 3 balls of Opies stem ginger in syrup, chopped, plus 30ml ginger syrup (from the jar) ■ 1 glass of sherry ■ 30ml red wine vinegar ■ 1 tbsp tomato purée ■ 4 tbsp light soy sauce ■ 1 tbsp brown sugar ■ 1 tbsp cornflour ■ noodles or rice and pak choi (optional), to serve

### METHOD

1 Heat the oil in a pan and cook the onion, pork and peppers for 3-4 minutes.

2 In a bowl, combine the pineapple pieces and juice, chopped ginger, ginger syrup, sherry, vinegar, tomato purée, light soy sauce and sugar. Add to the pan and cook gently for 8-10 minutes until the pork is cooked.

3 Blend the cornflour with a little water to form a smooth paste and then add this to pan, stirring continuously until the sauce thickens.

**4** Serve with rice or noodles and pan-fried pak choi, if liked.

### **COOK'S TIPS**

Try mixing it up by swapping the pork for chicken, or use tofu instead for a vegan option. (If making it vegan, omit the sherry or use an alternative such as vegan dry white wine.)

Recipe and image courtesy of Opies, opiesfoods.com





### Wednesday

### **CAESAR WEDGE SALAD**

PREP TIME 10 minutes COOK TIME 15 minutes SERVES 4

### **INGREDIENTS**

- 50ml buttermilk50g soured cream
- 50g mayonnaise
   1 tsp lemon juice
- 75g Belton Farm Red Fox cheese, crumbled
- salt and pepper 150g bacon lardons
- 100g ciabatta, torn into bite-sized chunks
- 4 large eggs 2 little gem lettuces, each cut into
- 4 wedges 100g radishes, thinly sliced chives, to garnish

### **METHOD**

- 1 Make the dressing by blitzing the buttermilk, soured cream, mayonnaise, lemon juice and 50g of Red Fox cheese in a blender. Season and chill until ready to serve.
- 2 Fry the lardons off in a pan until golden and crispy. Remove the lardons with a slotted spoon, then fry the ciabatta chunks in the fat until crispy. Put to one side.
- 3 Bring a large saucepan of water to a boil over a medium heat. Using a slotted spoon, carefully lower 4 large eggs into the water. Cook for 6 minutes, adjusting the heat to a gentle boil.
- 4 Rinse the eggs in cold water, gently crack all over and peel off the shells. Add the lettuce wedges to a serving platter. Slice the eggs in half and place them around the wedges. Pour over the cheese dressing and top with sliced radish, crispy bacon bits, croutons and chives. Finish with crumbled Red Fox cheese.

### **COOK'S TIPS**

Vary this dish by adding any combination of salad veggies, including tomatoes, ribbons of courgette, or peppers. Make it veggie by swapping the bacon lardons for capers or olives.

Recipe and image courtesy of Belton Farm, beltonfarm.co.uk

### **Thursday**

### GRILLED MACKEREL AND WATERCRESS SALAD WITH ORANGE AND CHILLI

PREP TIME 20 minutes COOK TIME 5 minutes SERVES 2

### **INGREDIENTS**

• 2 oranges • ½ tsp ground coriander • ½ tsp ground black pepper • 1 red chilli, deseeded and finely chopped • 4 mackerel fillets • ½ tsp Dijon mustard • ½ tbsp good-quality honey • 85g watercress • ½ small red onion, finely sliced

### **METHOD**

- 1 Preheat the grill to medium-high. Zest half an orange and mix well with the coriander, black pepper, and half the chopped chilli.
- **2** Lightly score the skin of the mackerel fillets with a sharp knife, being careful not to cut into the flesh. Press the spice mixture into the skin.
- 3 Segment the oranges: cut off the top and bottom, then cut away any peel and pith using a paring knife. Holding the peeled orange over a bowl to catch the juice, use the paring knife to cut each segment away from the centre. Put the segments to one side and squeeze the peel to release any juice.
- 4 Measure 2 tbsp of the orange juice into a small bowl, then mix in the mustard, honey and remaining chopped chilli.
- 5 Place the mackerel fillet skin-side up on a grill tray. Grill for 4-5 minutes or until cooked through with crispy skin.
- 6 While the fish is cooking, divide the watercress between two plates. Scatter with the orange segments and sliced red onion. Drizzle with the orange dressing and top with the grilled mackerel. Serve immediately.

Recipe and image courtesy of The Watercress Company, watercress.co.uk

### **Friday**

### ROAST PEPPERS STUFFED WITH SPICED TOMATO RICE

PREP TIME 5 minutes
COOK TIME 40 minutes
SERVES 4

### **INGREDIENTS**

For the peppers 4 red, orange, or yellow peppers 250g cherry tomatoes 2 tbsp olive oil sea salt and pepper

For the rice 1 tbsp olive oil 2 leeks, cleaned and chopped 3 cloves garlic, sliced 1 tbsp smoked paprika 1-2 tbsp harissa paste 250g packet of pre-cooked rice 1 x tin Tarantella peeled plum tomatoes 70g green olives, chopped (optional)

■1 tsp sea salt ■ fresh herbs, bread and salad, to serve

### **METHOD**

- 1 Preheat the oven to 180°C/160°C fan/gas mark 4. Cut the peppers in half lengthwise and remove the seeds and stalk. Place in a large baking tray. Add the cherry tomatoes to another baking tray. Drizzle both trays with oil and season. Bake both for 30 minutes, then remove from the oven and set aside.
- 2 In the meantime, fry the leeks gently in olive oil until soft, then add the garlic. Fry for a further minute. Add the smoked paprika, harissa, pre-cooked rice, tinned tomatoes, olives and salt and stir to combine. Cook for 5 minutes. Set aside.
- **3** Spoon the rice filling into the baked peppers and bake for another 10 minutes. Remove from the oven. Top with the roasted tomatoes and herbs, and serve with a leafy salad and bread.

### COOK'S TIPS

Mix up the filling with lentils or beans. For a budget swap, use dried rice instead of pre-cooked and simply boil it while prepping the leeks.

Recipe and image courtesy of Tarantella, tarantellauk.com



### ← Peri peri wings

PREPARATION TIME 10 minutes, plus marinating time (optional)
COOKING TIME up to 40 minutes
SERVES 4

### **INGREDIENTS**

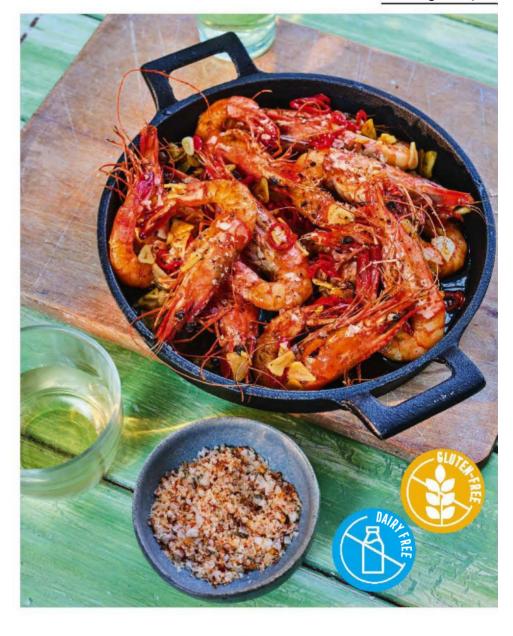
- 1kg chicken wings 4 tbsp peri peri seasoning
- salt and black pepper 4 large red chillies, roughly chopped • 4 red birdseye chillies, roughly chopped • juice of 1 lemon • 6 tbsp olive oil
- handful of fresh coriander, finely chopped, to serve (optional)

### **METHOD**

- I If liked, cut the wings into 2 pieces (called the drumette and the wingette). You will end up with more pieces of chicken, which is a great way of feeding a crowd. Alternatively, leave them as they are. Put in a mixing bowl and season with 3 tbsp of peri peri seasoning and salt and pepper.
- 2 Put all the chillies, 1 tbsp of peri peri seasoning, the lemon juice, oil and salt and pepper in a food processor. Blitz them until smooth. Add a drop more oil if you like the sauce a little looser.
- **3** Reserve half the sauce for later and pour the other half over the wings. Massage it into the wings. Leave to marinate if you have time.
- 4 For best results, cook on a barbecue: make sure it's very hot first, then cook the wings for 10-12 minutes, turning every 2 minutes until they develop a black char all over. Alternatively, to oven bake: preheat the oven to 180°C/160°C fan/gas mark 4, put the wings on a baking tray and cook for 20 minutes. Turn the wings over and bake for a further 20 minutes.
- 5 When the wings are cooked through, brush on the

remaining half of the sauce. Serve with the coriander, if using.

Recipe and image courtesy of Feed Your Family for a Fiver in Under 30 Minutes by Mitch Lane (£16.99, Harper Thorsons)



### → Marinated green olives

PREPARATION TIME 15 minutes
COOKING TIME 2 minutes
MAKES 400g

### **INGREDIENTS**

- 2 medium oranges
   3 tbsp Spanish extra virgin olive oil
   1 tsp sherry vinegar
   2 tsp white sesame seeds
   1 tsp freshly crushed black peppercorns
- 400g manzanilla olives in a jar, drained and rinsed
- a few fresh mint leaves, washed and patted dry

### METHOD

- Wash the oranges, and grate and juice one of them. Set the other aside.
- 2 In a bowl, using a hand whisk, mix the orange juice and zest with the olive oil and the vinegar.
- 3 Peel the second orange, removing all the pith, and use a small knife to cut it into segments.4 In a small frying pan, toast the sesame seeds until
- they colour and release a nutty aroma. **5** To a serving bowl, add the toasted sesame seeds, peppercorns, olives, orange segments and mint

leaves, before adding the juice. Mix well and serve.



Recipe and image courtesy of Cocina de Andalucía by María José Sevilla (£22, Ryland Peters & Small). Photography by Nassima Rothacker © Ryland Peters & Small

### Spicy prawns with garlic and chilli

PREPARATION TIME 5 minutes
COOKING TIME 5 minutes
SERVES 2 (more if part of a tapas platter)

### **INGREDIENTS**

- 25ml olive oil 300g shell-on king prawns
- 4 garlic cloves, thinly sliced
   1 red chilli, finely sliced
   2 tsp smoked paprika
   a good pinch of Maldon chilli sea salt

### METHOD

Heat the oil in a heavy-bottomed frying pan. When nice and hot, add the prawns, sliced garlic and chilli. Fry until the prawns are pink and slightly charred, and the garlic is golden – approximately 2-3 minutes.

- 2 Take the pan off the heat and stir the paprika and Maldon chilli sea salt into the oily sauce, tossing to coat the prawns.
- 3 Serve immediately with some crusty bread for mopping up the juices, if liked.

Recipe and image courtesy of Maldon Salt, maldonsalt.com



### ∠ Mac and cheese croquettes

PREPARATION TIME 30 minutes, plus chilling **COOKING TIME 30 minutes MAKES** 4-6

### **INGREDIENTS**

• 1 tbsp butter • 5 tbsp plain flour • 250ml whole milk • 300g Belton Farm Red Fox cheese: 200g melted for the mac and cheese and 100g crumbled for the centre of the croquettes • 1 tsp English mustard • salt and pepper • 200g bacon lardons • 200g macaroni • 3 eggs, beaten • 300g panko breadcrumbs • vegetable oil for frying • chives, finely chopped • 1 lemon, cut into wedges

### **METHOD**

- 1 Melt the butter in a small pan. Add 1 tbsp of the flour and whisk on a low heat for 1 minute. Gradually whisk in the milk, then bring to a boil, whisking occasionally. Reduce the heat and simmer for 4 minutes or until thick. Stir in 200g of the Red Fox cheese until melted, then stir in the mustard and season with salt and pepper.
- 2 Cook the bacon lardons until crispy. Boil the pasta in salted water until al dente, drain well and mix with the cheese sauce and cooked bacon. Spoon into a small baking dish and put in the fridge for 2-3 hours (or overnight) to set.
- 3 Crumble the remaining 100g of Red Fox cheese. Scoop out heaped teaspoonfuls of the macaroni and, with slightly wet hands, place a piece of cheese in the centre and roll into balls.
- 4 Put the remaining 4 tbsp of flour into a dish and season. Put the eggs and breadcrumbs in separate dishes. Roll the balls in each then once more in the egg and breadcrumbs. Chill for 10 minutes.
- 5 Fill a deep, medium pan no more than one third full with oil. Heat until the temperature reaches 180°C. Fry the balls in batches until deep golden and crisp. Drain on kitchen paper then keep warm in the oven while you cook the rest. Serve topped with flaky sea salt, chopped chives and lemon wedges on the side.

Recipe and image courtesy of Belton Farm, beltonfarm.co.uk

### → Figs with prosciutto and blue cheese

**PREPARATION TIME 10 minutes COOKING TIME** 6-10 minutes **SERVES** 6

### **INGREDIENTS**

• 6 large figs (or 12 small ones) • 60g creamy blue cheese, such as Gorgonzola • 6 large thin slices prosciutto • balsamic glaze, for drizzling

### **METHOD**

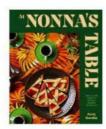
Preheat the oven to 190°C/170°C fan/gas mark 5. Line a baking tray with baking paper.

2 Cut the figs in half, from the stem towards the base, but don't slice all the way through. You want the figs

to still be connected at the base. Place a small amount of blue cheese inside each fig, dividing it equally.

3 Close the figs up and wrap a prosciutto slice around each one, to hold it together.

4 Place the figs upright on the baking tray, spacing them apart. Roast for 6-10 minutes, depending on the size of the figs, until the prosciutto is partially crisp, the cheese melted and the figs warmed through. Serve warm, with a drizzle of balsamic glaze.

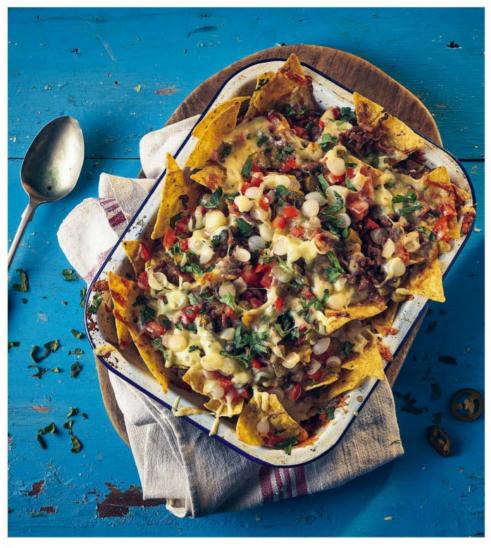


Recipe and image courtesy of At Nonna's Table by Paola Bacchia (£26, Smith Street Books). Photography by Paola Bacchia









### ≥ Spinach tarte du soleil

PREPARATION TIME 15 minutes
COOKING TIME 30 minutes
SERVES 4 (or more as a sharing plate)

### **INGREDIENTS**

100g spinach
 2 sheets of puff pastry (300g each)
 1 egg, beaten
 1½ tbsp Dijon mustard
 120g Cheddar cheese, grated
 60g Parmesan, finely grated
 black pepper
 1 tsp poppy seeds

### **METHOD**

- Wash the spinach and put in a heatproof bowl. Cover with boiling water and leave for 30 seconds, until softened and wilted. Drain and cool completely in cold water. Drain again and then squeeze out as much water as you can before roughly chopping it.
- 2 Roll each pastry sheet out into a large circle (26cm diameter). Put one circle into the fridge and the other on a lined baking tray. Brush around the edge with beaten egg. Smear the inside of the circle with mustard and then scatter over the chopped spinach and ¾ of the Cheddar and Parmesan. Season with black pepper.
- **3** Remove the second sheet from the fridge and place it directly on top, pressing the edges together to seal. Mark the centre on the circle by pressing the rim of a small glass or cup onto it.
- 4 Lightly score the circle into 24 equal divisions through the centre (use the edge of a ruler). Take a large sharp knife and cut each line to the mark you

made with the glass rim, to give 24 spokes radiating out from a central hub.

**5** One by one, take the end of each spoke and give it a full turn, making 2 distinct twists in the length. Try to bring the end back down in line with the circle edge. Do this all the way around.

6 Brush the whole tart with beaten egg and

### Cheeseburger nachos

PREPARATION TIME 15 minutes
COOKING TIME 20 minutes
SERVES 4

### **INGREDIENTS**

• 1 tbsp olive oil • 1 onion, finely diced • 450g minced beef • 2 tbsp BBQ sauce • salt and pepper, to taste • 200g bag lightly salted tortilla chips • 75g Cheddar cheese, grated • 75g Monterey Jack cheese, grated • 2 tomatoes, diced • ½ jar Opies Mini Gherkins, roughly chopped • ½ jar Opies Mini Silverskin Onions, roughly chopped • 6 tbsp burger relish • 50g sliced jalapeños, optional

### **METHOD**

Preheat the oven to 220°C/200°C fan/gas mark 6. Heat the oil in a pan and gently fry the onion for 5-6 minutes until softened. Add the minced beef and fry for a further 5-10 minutes until browned, then stir in the BBQ sauce and season generously.

- **2** Meanwhile, spread a third of the tortilla chips over a deep 20x20cm ovenproof baking dish so that they overlap, then scatter with a third of the cheese. Add layers of minced beef, tomatoes, gherkins and onions until all the chips have been used, followed by the remaining cheese.
- 3 Place the dish in the oven and bake for 10 minutes or until the cheese has melted.
- 4 Remove the dish from the oven, drizzle over the burger relish and scatter over the jalapeños if using.

Recipe and image courtesy of Opies, opiesfoods.com

sprinkle the poppy seeds and remaining cheese across the top. Return to the fridge for 10 minutes to rest, while you preheat your oven to 190°C/170°C fan/gas mark 5. Bake for 25-30 minutes until golden brown. Serve warm.

Recipe and image courtesy of Riverford, riverford.co.uk



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IN CONVERSATION WITH

# Sophie Robinson

Ready to get colour confident? The interiors expert has designed a new range with DFS so you can embrace bold hues and banish the beige for good! Well, almost...

ou may have seen Sophie on the latest series of BBC One's Interior Design Masters as a guest judge, or you might have heard her co-hosting the chart-topping podcast The Great Indoors. Now, Sophie has teamed up with DFS to create a capsule collection of sofas, armchairs, footstools and scatter cushions in her signature style of bright hues and bold patterns, with the aim of encouraging us to dial up the dopamine in our decor and make our homes all the happier for it.

In-between her busy diary of launch events, expert talks and her own design workshops, we were excited to chat to Sophie about the new range, and ask her tips for adding maximum colour with minimal fuss – and which hues to avoid at all costs.

### We love your collab with DFS! Tell us a bit about the collection...

The main inspiration was to bring a collection of colours, fabrics and patterns together so people could feel confident to use colour in their home. So I put together a palette, which is all my sort of bright, joyful, positive, saturated colours, but they're also

quite warm so they work really well with both period and contemporary homes.

You can mix and match knowing that the colour story is coherent across the collection and create something that's quite individual. I think the idea of the matching three-piece suite is pretty dead and buried and people want to be more experimental with their decor, especially people who like to use colour and pattern. My wish is that people will be able to really explore their personal pattern style.

### Which are some of your favourite pieces?

It's really hard because I designed my ideal capsule collection and I love it all! What I'm really excited about is to see what other people do with it. We created room sets for the photoshoot to give you an idea of how I'd put things together, incorporating bold wallpaper and rugs, and different colour schemes. I'm excited to see what colours are selling and what people are going for. I'm hoping to hear that it isn't only the beige! Because yes, you can have beige – well, we're calling it 'Biscuit' – so it's a Sophie Robinson sofa for people who want something

more neutral but then you'd add the pattern with the cushions. I've actually had a couple of pieces delivered to my home and the Pashley accent chair comes in the bold red and pink Deck Chair stripe and it's the most fabulous armchair I've ever seen.

### You're known for your love and use of colour. Why is having a colourful home important?

Colour impacts our emotions; people have an emotional reaction to colour. We've been going through a period of people not connecting to their interior spaces, and people really want to now. I think the pandemic has a lot to do with that. People being in their homes longer than they've ever been made us really consider how our homes make us feel, and colour really delivers that.

So when you're looking for a sofa or a paint palette, you need to get in touch with how that colour makes you feel. Does it make you feel happy and bright and sunny and positive? Or does it drain the life out of you? It's definitely not a one size fits all – that's why there are so many colours and patterns in this range. It's an opportunity to explore your



relationship with colour because home is our safe space, our haven, and this is a place we retreat to. We should be surrounded by the things we love and the colours that make us feel our best.

### What are your colour trend predictions?

I think that working out what our own relationship to colour is, is actually more important - especially when you're making a big investment like a sofa. DFS found that people typically keep their sofas for seven years so it's quite a considered investment choice.

In terms of general trends, we're going to see more colour: it's continuing to be really popular. We've got an Aqua colourway in the sofa which I think is going to be quite big. I'm seeing lots of lilac and lavender tones, maybe replacing the pink eventually.

### What's the easiest way to add colour to a rental, and to a new-build property?

Get the colour on the walls with the paint – that's the fastest, most affordable, most transformational way to get colour into your space. But then it does bring me on to the sofa as it's a really big piece of furniture, and I think because of that a lot of people default to a neutral. If you're renting or starting out in a new build, this is a really great time to start investing in your look and style. Choose the bold colour for the large piece of furniture that's going to give you so much more visual bang for your buck. Or if it's not the sofa, maybe it's an

accent armchair or a footstool on a colourful rug. I think the big elements make the most visual impact - sofa, rugs, artwork, paint - so you can create a massive transformation quickly.

The other thing that's important is to understand that it takes time to build your look. We live in such a fast-paced social media world where everybody looks like they've decorated their house over a weekend. The reality is that I've been in my home eight years, and I've just about got it how I want. But get your look and your colour palette tapped from the get-go and then layer up, knowing that every purchase or every decision builds on this. You want to make a big splash, but remember that doing up a home is like a journey, rather than a destination.

### What are your top tips for mixing colours? Can you make mistakes with it?

Oh no, people can make mistakes – I wouldn't have a job if it was that easy! You can build up quite complex colour palettes, which could be four, five, six, seven, eight different colours, and those are the ones that trip people up. I suggest that you take a hero print – it could be a piece of artwork, a cushion, a fabric swatch, a wallpaper – which will have a complex colour palette within it. Often you can use that to draw out your paint colour, your sofa colour, your flooring colour, because you know that palette works really well together as the designer, who's an

# If you're renting or in a new build, this is a great time to start investing in your look and style



expert of colour, put that palette together.

And beware of pure brilliant white and pure black - be very, very afraid of those two colours because they can create real discord and disharmony very easily. Pure brilliant white is such a hard and chemical colour. And pure black is also very cold and quite often, in this part of the world, we want to create warm and cosy colour schemes. Those are the two colours, or non-colours, that I personally never use in any of my schemes and I would also tell people to be really wary of them. So instead, go for an off-white or a graphite grey.

### You've recently been on our screens as a guest judge on BBC One's Interior Design Masters series 5 - what's it like judging other people?

It's brilliant, I love judging other peoples' designs as I don't have to do any of the work! It's the dream job, isn't it? I wholeheartedly take my hat off to the designers. They look like they work hard on the telly but they work 100 times harder in real life. It's such a quick turnaround: they have to get the ideas, they have to source the items, they have to get it all ready to go up, they have to keep stopping to be filmed. I think the designers who work on the show are amazing. They really pull together and support one another, which is such a heartwarming thing.

### Finally, we often see your pet dog on your socials - should dogs be allowed on the sofa?!

Yes, they should! She's so spoilt that she's allowed on the sofas and therefore anything that's in my house has to be really durable, hardwearing and practical. I'm not precious. I love my home and I love that it looks lovely, but I also want it to be a home that people live in and feel relaxed in. And I wouldn't give up my sofa cuddles with my dog of an evening for anything – it's the best part of the day!

Shop the DFS x Sophie Robinson sofa collection in selected stores and online at dfs.co.uk. Keep up to date with Sophie at @sophierobinsoninteriors on Instagram.



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